



IN THE BEGINNING WAS THE WORD, AND THE WORD WAS WITH GOD, AND THE WORD WAS GOD. HE WAS IN THE beginning with God. All things came into BEING BY HIM, AND APART FROM HIM NOTH-ING CAME INTO BEING THAT HAS COME INTO

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by Eva Kokinos

**GREEK ORTHODOX ARCHDIOCESE OF AMERICA** GREEK ORTHODOX METROPOLIS OF DETROIT

# THE SHEPHERD'S STAFF

#### Volume I, Issue I

## Christmas 2009

Christ is Born! Glorify Him! Metropolitan Nicholas' Message...

Beloved Family in Christ,

t is with great paternal joy that I address these words to you as we prepare for the celebration of the Nativity of our Lord.

The celebration of Christmas is a unique expression of joy in the life of the Church specifically because it brings a new sense of reality and urgency to the prophetic words of Israel for the coming of the Messiah.

All of creation rejoices at the birth of God in the flesh: the heavens are ablaze with fiery stars which tion. guide the Magi to the Christ child; the court of Herod is abuzz with the ourselves' from the loss of our news of a 'new' King; and the shepherds hear the angelic message of to trust in this Child, this infant "good tidings of great joy which will Christ, born in a cave. be to all people."

meaningful to us even now, despite



In the midst of trying to 'save home and jobs, God calls out to us

This message of God's love is so we should do and where we must go, God calls upon us to see this every difficulty which we are facing infant King, whose parents flee as individuals, families, and a na- from their own land that He might

#### survive Herod's wrath.

In the midst of planning how we shall amass treasures for ourselves to secure our futures, God calls upon us to gaze upon this King of Heaven and Earth, and to recognize that for our salvation He empties Himself, holding nothing but us in the palm of His hand.

The true witness of Christmas is also found in the words of St. Paul, who reminds us that "neither height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus.

> Christ is Born! Glorify Him!

With every paternal prayer and In the midst of wondering what blessing for you and yours at Christmas 2009,

Metropolitan Nicholas

(Westland, MI)

t the conclusion of the Hierarchical Divine Liturgy celebrated at the Sts. Constantine and Helen Church on Sunday, October 11, Archbishop Demetrios elevated Father Teodor Petrutiu to the rank of Economos.

Fr. Teodor accepted the interim assignment to the parish in Teodor was formally assigned as October of 2007 in order to assess

# AXIOS! Fr. Teodor!



the status and needs of the community for the Metropolitan. Father

the Proistamenos of the community in April of 2009.

In recognition of the hard work and leadership of Fr. Teodor, as well as the dedication and cooperation of the entire parish family, the Archbishop honored Fr. Teodor and the entire community through his elevation to the rank of Economos.

AXIOS! AXIOS! AXIOS!

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Metropolitan Nicholas and clergy.



Metropolitan Nicholas and the Metropolis Council.



Metropolitan Nicholas distributing *spiritual salt* to those attending his Thursday keynote speech.

"You are the salt of the earth…"



## 2009 CLERGY-LAITY AND PHILOPTOCHOS CONFERENCE

(Westland, MI)

The 2009 Metropolis Clergy-Laity and Philoptochos Assembly was held from October 8-10 at the Sts. Constantine and Helen parish in Westland, MI.

On the evening of October 7, prior to the formal opening of the Assembly, both the Metropolis Council and the Philoptochos Council met in preparation for the work ahead.

On Thursday, October 10, Metropolitan Nicholas opened the Assembly with his keynote address entitled: "You are the salt of the earth...."

Following the keynote address, which was given in the church proper, the Clergy-Laity and Philoptochos Assembly was formally opened. Before leaving the church for the ensuing meetings, the 160 registered delegates were anointed with unction in preparation for the serious tasks which lay ahead of them.

All of the delegates then took part in an opening seminar which further developed the practical aspects of the Conference theme of "Salt." These seminar sessions were led by Frs. Cassis, Olecnowicz, and Pathenos.

After lunch, the regular program began: educational learning sessions, Metropolis committee meetings, and the Philoptochos Assembly meetings ran concurrently.

Delegates who were not attending committee meetings or other sessions had the opportunity to attend learning sessions which were all centered around the Conference theme of salt. These learning sessions all dealt with ways in which to make our Christian witness more effective for ourselves as well as our communities.

The Metropolis Committees which met during the Assembly included: Finance, Youth, Administration, Missions and Small Parish, Religious Education, Archdiocesan Commitment, Language and Culture, and Friends of the Metropolis Committee.

The Thursday evening Grand Banquet was centered around the 10 year anniversary of Metropolitan Nicholas as the head of the Metropolis. Navy Chaplain and classmate of the Metropolitan, Captain William J. Bartz , offered the keynote 'Salute' to His Eminence. Fr. Bartz began his talk with his first encounter of His Eminence while they were students, and concluded with his present work, especially his public outreach in the American Bible Society.

His Eminence Archbishop Demetrios arrived Friday evening and participated in the Plenary Session on Saturday morning.

Vice-chair Gus Stavropoulos opened the Plenary Session and Lou Kircos was appointed as chair for the Assembly.

The Archbishop also attended the Philoptochos Conference and offered the new Board Members their affirmation of office.

This was the most well attended Clergy-Laity and Philoptochos Conference in recent history. A review of the work of the Clergy -Laity will be communicated to the parishes in the near future.

The Sts. Constantine and Helen parish was an ideal location with ample meeting rooms and spaces for the work of the delegates. All of the delegates noted the friendliness of the community, its priest Fr. Teodor Petrutiu, the Parish Council and Philoptochos, and the volunteers who helped make this event successful. Marchiori catering provided outstanding meals during the entire event.

Bravo to all!

gram began: education

## Metropolitan Nicholas' 10th Anniversary

This year's Clergy Laity Conference, held at Sts. Constantine and Helen Church in Westland, MI, was marked by a special occasion: His Eminence Metropolitan Nicholas' 10 Year Anniversary.

Members of the clergy, Metropolitan Council, friends, relatives, faithful from all over the Metropolis were present to congratulate



their spiritual shepherd. With tears in his eyes, Metropolitan Nicholas expressed his gratitude to those present, remembering also his mother for whom he had great respect. His joyful presence and smile along with his wit and great sense of humor created an unforgettable atmosphere.

For this and for the care he always has for us, we wish His Eminence Many Years in the Lord!

Εις Πολλα Ετη Δεσποτα!...



### Volume I, Issue I



By Eva Kokinos

#### ANOTHER SUCCESSFUL YEAR <u>FOR THE METROPOLIS OF</u> <u>DETROIT CAMPS</u>

The Metropolis of Detroit is blessed to have three successful and thriving summer camp programs. Each one of these camps brings the youth of the Metropolis together in Christ, sharing their faith and building strong friendships. This year, each of the camps focused on the theme of being "Athletes for Christ."

Here are highlights from each of our camps:

**MDSC** : The Metropolis of Detroit Summer Camp, located in Rose City, MI, enjoyed another successful season or Faith, Friendship, Peace, and Love. MDSC youth participation increased this year with over 350 campers in attendance during the entire season. Visit <u>www.gomdsc.org</u> for more information.

**ST. NICHOLAS SUMMER CAMP:** In 2009, the St. Nicholas Summer Camp moved to a new facility. The St. Nicholas Summer Camp is now located at the beautiful Camp NaCoMe facility in Pleasantville, TN. The St. Nicholas Summer Camp enjoyed its biggest year in 2009 with 104 campers in attenda n c e . V i s i t <u>www.southerncamp.com</u> for details.

**ST. TIMOTHY CAMP:** The St. Timothy Camp, located at the Oswegatchie Educational Facility in Croghan, NY, had a wonderful summer camp season. With 55 campers in attendance, the St. Timothy Camp continued its tradition of providing a safe and fun environment for youth to grow in Christ, build strong relationships, and to increase their appreciation for God's creation. Read more about this camp at <u>www.sttimothycamp.org</u>.

## YOUTH NEWS

#### **ST. NICHOLAS SUMMER CAMP CELEBRATES ITS 10<sup>TH</sup> ANNIVERSARY** The St. Nicholas

Summer Camp was established in 2000 to serve the youth of the Central and Southern areas of our Metropolis. In 2010, the St. Nicholas Summer Camp will celebrate its 10<sup>th</sup> year of faith, fun, and fellowship. To recognize this milestone, there will be a St. Nicholas Summer Camp Reunion and 10<sup>th</sup> Anniversary Dinner/Dance in January of 2010.

The Dinner/Dance will be **Saturday, January 16, 2010** at the Doubletree Guest Suites in Lexington, KY. However, there will be activities throughout the weekend. So guests are encouraged to mark January 15-17, 2010 on their calendars. <u>Dinner reservations must be</u> <u>made by January 2, 2010</u>. For information regarding reservations or the Reunion weekend, please contact Pres. Harriet Wilson or Eva Kokinos at <u>sncreunion2010@hotmail.com</u>.

#### JOIN THE YOUTH OFFICE EMAIL LISTSERV TODAY!

Would you like to keep up with local, Metropolis, and Archdiocese programs for youth, young adults, and youth workers? Then join the Metropolis of Detroit Youth Ministries (MDYM) e-Update list TO-DAY!

The MYDM e-Update is an e-Newsletter sent out the first Friday of every month. For breaking news, we also send "NEWS FLASH" announcements throughout the month. To be added to our email list, please email <u>youth@detroit.goarch.org</u> and type "ADD ME" in the subject!

Thank you for supporting the Youth and Young Adult Ministries programs of the Metropolis of Detroit!



#### 2009-2010 CALENDAR OF UPCOMING METROPOLIS AND ARCHDIOCESE YOUTH MINISTRY EVENTS

• December 27-29, 2009 Holiday Hoops GOYA Basketball Tournament Sponsored by St. John Church – Sterling Heights, MI

• January 15-17, 2010 St. Nicholas Summer Camp Reunion and 10<sup>th</sup> Anniversary Dinner/Dance Hosted by Panagia Pantovasilissa Church – Lexington, KY

• January 28-30, 2010 Annual Orthodox Camp Director and Youth Worker Conference Silver Springs, MD

• **February 12-14, 2010** Dayton Annual GOYA Basketball Annunciation Church – Dayton, OH

• February 27, 2010 NY Area GOYA Lenten Retreat Hosted by Holy Spirit Church – Rochester, NY

• March 5-6, 2010 MI Area GOYA Lenten Retreat Hosted by St. Nicholas Church – Troy, MI

• March 19-21, 2010 Fall Creek Falls GOYA Retreat



St. Nicholas Summer Camp in Pleasantville, TN.



Eva Kokinos - Metropolis Youth Director, at the 2009 Clergy Laity Conference.

Sponsored by Holy Trinity Church – Nashville, TN

• April 6-10, 2010 Tentative Metropolis GOYA Trip to Boston

• April 17, 2010 St. John Chrysostom Oratorical Festival – District Finals Locations: TBA

• May 15, 2010 St. John Chrysostom Oratorical Festival – Metropolis Finals Holy Trinity/St. Nicholas Church – Cincinnati, OH

• June 2-4, 2010 St. John Chrysostom Oratorical Festival – Archdiocese Finals New York City, NY

#### THE SHEPHERD'S STAFF

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Eleni Zaferes - Metropolis of Detroit Philoptochos President.

"It is this devotion that helps sustain and betters the lives of others..."

# **PHILOPTOCHOS NEWS**

## By Eleni Zaferes

he Metropolis of Detroit Philoptochos chapters joined in fellowship at the Metropolis Philoptochos Conference in conjunction with the Clergy/Laity Conference in Westland, MI October 8-10, 2009. Instructional "Back to Basics" workshops afforded the delegates an opportunity to review chapter procedures, officer responsibilities and ways to increase membership. National President Aphrodite Skeadas joined the delegates during the Conference deliberations.

Over 40 chapters were recognized for excellence in these categories: Growth and Expansion; Best Outreach and In Reach Projects; Commitments; and Cookbook Sales at the delegate's breakfast hosted by the Metropolis Philoptochos Board.

Berdi Kakas, We thank Penny Gryparis and Lisa Solon for their service to the Metropolis Board. New members are Presvytera Teri Maggos of Flint, Patricia Laddis of Muskegon, and Perry Katsikas of Ann Arbor.

The Metropolis Board will continue the celebration of the 10th Anniversary of the Enthronement of Metropolitan Nicholas by hosting its annual reception in honor of our beloved Metropolitan Nicholas' Name Day on Sunday, December 6th from 1:00- 5:00pm at the Metropolis Center. The next week receptions will follow the St. Spyridon Vesper service on December 11th and the Divine Liturgy on December 12<sup>th</sup>. We invite everyone to join in these celebrations.

We welcome the newest Philoptochos chapter in Traverse City, MI. The ladies have always assisted in the ministries of the Church and now will be working for the Mission of Philoptochos. It is this devotion that helps sustain and betters the lives of others.

On behalf of the Metropolis Board members and all Philoptochos chapters, we wish everyone a joyous Christmas season and a blessed New Year.



2009-2010 Philoptochos Board.



Metropolitan Nicholas at the



The Philoptochos Delegates to the 2009 Clergy Laity Conference.



#### By Barbara Minton

 $\bigcap$ 

Metropolis of Detroit, along with their sister singers and ments of the previous year which chanters from the Metropolis of included launching a website. Pittsburgh, gathered at Saints Constantine and Helen in Westland on young adults were awarded scholar- George Raptis. It was a very mov- newly constructed website at: July 16-18, 2009, for the 62<sup>nd</sup> An-

Church Musicians. The four-day event featured a Church Music Athenagoras Medal for Distin- las, Nicolaos Kotsis, and Teodor Institute and workshops on Ortho- guished Diocesan Service. dox Hymnology, teaching children hymns, and basics for singing. Federation President Irene Geor- $^{f V}$  hurch musicians from the gantas welcomed the participants and gave a report of accomplish-

ships. Mr. Dan Packis, Chairman ing celebration of the Divine Litur- http:// nual Conference of the Mid-Eastern of the Trustees of the Memorial gy with Metropolitan Maximos and mideastern.churchmusic.goarch.org/

## **MEFGOX News**

Federation of Greek Orthodox Scholarship Foundation, was award- Metropolitan Nicholas coed the National Forum's Patriarch celebrating Fathers Dean Hounta-

> The culmination of the conferunder the direction of Maritsa Kal-

Petrutiu

The weekend was a time of ence came on Sunday. A group of fellowship, learning, worship and seventeen singers chanted the Or- prayer with, the hard-working host thros, led by their instructor Nancy choir and their conference chair-Takis. A choir of over 100 singers men Alex Skylakos and Connie Bogdanos. For more details (and asz sang the English arrangement of pictures!) about the Federation and At the Grand Banquet, four the Divine Liturgy composed by the conference, please visit out



## Volume I, Issue I



## FRIENDS OF THE METROPOLIS (AS OF NOVEMBER 15, 2009)

His Eminence Metropolitan Nicholas

#### Ann Arbor, MI St. Nicholas Guibert, Nellie Buffalo, NY - Annunciation Annunciation Parish Annunciation Philoptochos Annunciation Youth Council Christakis, Fr. Christos and Presbytera Lisa Alethea's Chocolates - Dean Tassy Blakeslee, Ronald and Marie Cervi, Vassilia Couvutsakis, Paul Hatzipetros, George Kokinos, Helen Koutsandreas, Milton and Sophia Kuvshinoff, Boris and Barbara Mastoras, Mary Pefanis, Jerry Pavlakis, Peter and Elizabeth Scouras, George Spanos, Frances Tassy, Gust and Marian Tzimas, Jesse Carmel, IN - Holy Trinity Holy Trinity- Choir

Holy Irinity- ChoirGounaris, Fr. Anastasios andPresbytera MariaBelous, AlexandraDouvis, Harry E.Karozos, GusPaikos, LazarosPappas, VickyTorney, Harry and HelenHoly Trinity/St.

#### <u>Chattanooga, TN</u> <u>Annunciation</u>

Annunciation Choir Berros, James and Sue Bouloukos, Dino and Maria Campa, Pedro Demetry, Mrs. Danny Dimopoulos, Dennis and Barbara Ellis, George and Betty Fairbanks, Bobby and Voula Ford, Kevin and Allyson Fotiadis, Nick and Lilly Fox, Ann F. Gaitanoglou, Takis and Jenny Gulas, Pete and Ani Gulas, Marion Gulas, Venetia Hopper, Richard and Chrisi Kalanzis, Nicholas and Angela Kouris, George and Politimi Lee, Constance and Ronald Petros, Kathy Tigiros, Elias and Sharon Trohanis, Bill and Jean Tzavaras, Lena <u>Holy Cross</u>

Holy Cross Parish Holy Cross Philoptochos Hountalas, Fr. Dean and Presbytera Olga Alexander, Milton and Helen Blough, Michael and Catherine Boudouris, Tino and Mary Jo Collias, Rosemary Fekaris, Steve and Bettie Gaggos, Angelo and Sophia Kargilis, Alexander Krear, Tad and Elisabeth Liadis, John G.



Vassilev, Mikhail Xoinis, John and Stavroula Holy Trinity/St. Nicholas Holy Trinity/St. Nicholas Philoptochos Holy Trinity/St. Nicholas GOYA Streza, Fr. Ciprian and Presbytera Lavinia Carumpalos, Constantine Dayton, MI - Annunciation Anagnoston, Linda Maxis, Ike Trohatos, Peter Detroit, MI Annunciation Cathedral Annunciation Parish Farmington Hills, MI

Rafaill, Chris and Lynne Sitaras, James and Bonnie Stassinopoulos, Peter Theodorou, Thomas and Paraskevi Flint, MI - Assumption Assumption Parish Fort Wayne, IN Holy Trinity Bebis, Fr. Paul and Presbytera Theresa Doublas, Gregory Gogos, George and Eleftheria Katsis, Maria Maggos, Eleftherios and Voula Makris, Antonia Pappas Commercial Center Athanasios Pappas Pappas Furs, Athanasios Pap-

#### pas Rongos, Cristopher and Katherine Toskos, Tom

#### <u>Grand Rapids, MI</u> <u>Holy Trinity</u>

Holy Trinity Philoptochos Bogdan, Fr. Jim and Presbytera Joan Afendoulis, Chris and Phyllis Afendoulis, Clark and Katherine Gray, Mark and Alexis Herweyer, John and Gloria Kalyvas, Tim and Lina Katsoris, Helen Kontos, Katherine Koukios, Constantine Lange, Ginger Neil, Chad Dimopolous Nicholas, Christina A. Nicholas, James and Georgia Petricevic, Mark and Lili Sarafis, Elizabeth Triant, Linda Van Kuiken, Ray and Marilyn Zarafonetis, Stratton Hot Springs, AR Zoodochos Peghee

Delfos, Fr. Pierre and Presbytera Harriet

#### <u>Indianapolis, IN</u> <u>Holy Apostles Mission</u>

Holy Apostles Parish Kratsios, Emmanuel, Irene, and Barbara Stevens, Georgia

Ithaca, NY - St. Catherine

Bantuvanis, George and Ann Bezirganian, John and Sophia Jamestown, NY

St. Nicholas Zervos, Fr. George and Presbytera Ann

Lansing, MI - Holy Trinity

Holy Trinity Philoptochos Sietsema, Fr. Mark and Presbytera Katherine Economy, R. George and Stella Gavrilides, Nicholas and Dana (Continued on page 6)

#### The Shepherd's Staff

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## FRIENDS OF THE METROPOLIS (AS OF NOVEMBER 15, 2009)

(Continued from page 5) Kosal, Curt and Leslie Mansour, George Nicolaou, Varnavas and Koula Perentesis, Stephanie C. Pogoncheff, Carl Smith, Richard L. Vlahakis, Louis and Mary Lexington, KY Panagia Pantovasilissa Wilson, Fr. George & Presbytera Harriet Annetts, Brett and Ruth Douglas, Katina Pepps, Mary S. Sawaya, Dr. Peter Smither, Eugenia and Steven Stefanis, Frances Little Rock, AR Annunciation Alley, Naimeh and Family Alley, Sam and Janet Vratsinas Foundation Vratsinas, Gus and Irene Louisville, KY Assumption Assumption Philoptochos Kapsalis, Stephen and Carol Memphis, TN Annunciation Annunciation Parish Annunciation Philoptochos Christy, Fr. Paul and Presbytera Mary Daughters of Penelope- Chapter #180 Apalodimas, Chris and Constance Bagatelas, Todd and Cyndi Cotros, Charles and Connie Futris, Steve and Zoe Hoover, Ken and Vicki Jennings, Albert and Tina Nichols, Nicholas and Linda Obradovic, Milan Poplos, Theodore and Stephanie Semos, Vasili and Luane Taras, Loretta and Kosta Theodore, Sophie Tobias, Richard and Angela

#### <u>Middletown, OH</u>

Sts. Constantine & Helen Sts. Constantine and Helen Philoptochos Muskegon, MI Annunciation Annunciation Parish Annunciation Philoptochos Mot, Fr. Catalin and Presbytera Felicia Yankopoulos, Presbytera Ann Encelewski, Christine Dault Nashville, TN Holy Trinity Hohnholt, Fr. Gregory and Presbytera Sofia Nashville,TN St. John Chrysostom Turner, Fr. Parthenios and Pres. Marion Anonymous Bayers, Edward and Lynn Courington, Christopher and Shelley Demmas, Constance Demmas, Nancy Gordon, Thomas Hamm, Clinton and Elizabeth Kelley, Gillian Knox, David Marchetti, John Stein, Matt and Dana Tickle, Jeffrey and Jackie Wagner, Charles and Edith Williams, Heath New Buffalo, MI Annunciation/St.Paraskevi Stamas, Fr. Basil Martin, Fr. Paul & Pres. Nikki Arvan, John and Pitsa Arvanitis, Angelo Fillis, John Hahn, Herbert and Elizabeth Hilltop Café/George Bouzas Kerhoulas, Mike Properties New Nicholsons Restaurant / Nicholas Gellis Olympus Restaurant/Christos Lepeniotis Polymeris, Spiros and Donna Poulos, Louis

Stotis, Bill and Anna Plymouth, MI Nativity of the Virgin Mary Vaporis, Fr. George and Presbytera Kalliopi Kheir, Angela Takis, Gerald and Mary Rochester, NY Annunciation Annunciation Parish Markakis, Kathryn Stefanou, Dimitri and Maja Stefanou, Gus and Florence Stefanou Rochester, NY - Holy Spirit Lyttle, Douglas <u>Saginaw, MI</u> St. Demetrios Cox, Fr. Irenaeus & Pres. Alexandra Bazakis, Andrew and Ann Southgate, MI - St. George Galanis, Sam Golematis, Giorgios and Maria Hionis, Gust Kircos, Angelo and Sophia Kircos, John and Violet Kircos, Louis and Paula Kircos- Sophia's Bakery Minton, Charles Minton, Nicholas Springfield, OH Assumption Assumption Parish St. Clair Shores, MI Assumption Carson, Charles J. Genematas, Tula Sterling Heights, MI <u>St. John</u> Aretakis, John & Suzanne Burdalas, Peter and Chrisy Kotsis, Harry and Katherine Lionas, James and Helene Patouhas, Spyros I. Salonikas, Georgios and Nicoleta Vekos Tangalos, Philip Toledo, OH Holy Trinity Cathedral Damaskos, Fr, Aristotle and

Presbytera Debbie Traverse City, MI St. Archangel Gabriel Archangel Gabriel Parish Fickling, Robert and Donellen Long, Stephanie Sobkowski, Nikoletta Troy, MI - St. Nicholas St. Nicholas Parish Demery, Beck Feles, Gust and Anne Joanou, George M. and Frances Kitakis, Sophie Korstanje, Ingmar and Marlo Lafter, Mary Lavrakas, John and Catherine Liakonis, Chris and Labrini Papathanasopoulos, Demetrios Partalis, Evelyn Pervolarakis, Calliope Sekles, Steven Xydas, Spiros Yanoulaki, Peter Vestal, NY - Annunciation Annunciation Parish Westland, MI Sts. Constantine & Helen Sts. Constantine/Helen Parish Sts. Constantine/Helen Philoptochos Livanos, Demetrios

#### Other Friends

Ahepa #374 - Henry and Edsel Ford Chapter, Livonia, MI Ahepa #371 Omega Chapter, I & II Inc.- Harrison Twp, MI Argue, Clifford and Theodora, Mercer Island, WA Bartz, Fr. Bill and Presbytera Emily, Dumfries, VA Daughters of Penelope, Dares Chapter #252, Grosse Ile, MI Metropolis of Detroit Philoptochos Retired Clergy Epistle Fund Sisterhood of Presbyteres -Metropolis of Detroit

#### Volume I, Issue I



## Kenya and Russia: Two Different Cultures, One Family in Christ

By Eva Kokinos, Director Office of Youth and Young Adult Ministries

Whith the blessings of His Eminence Metropolitan Nicholas, and the generosity of the faithful of this Metropolis, I traveled to two countries where was able to see Orthodox Christianity through the eyes of two distinct cultures. These two trips gave me some of the most profound experiences of my life. One was a trip to Kenya for an OCMC (Orthodox Christian Missions Center) teaching mission trip in January 2009. The other was a young adult pilgrimage to Moscow and St. Petersburg in April 2009.

It was an honor to be invited to participate in an OCMC mission. Our mission trip was from December 29, 2008 -January 12, 2009. Our team was hosted by His Eminence Archbishop Makarios at the St. Makarios Orthodox Seminary in Nairobi. The goal of our mission was to teach the youth and catechumen about Orthodox Christian faith. In addition, we provided teaching tools and ideas for the Kenyan youth workers and Sunday School teachers. Most importantly, our mission was to share the love of Christ with everyone we encountered... helping in any way we could.

The trip, the people, the culture, and the faith I witnessed were simply unforgettable. I was able to spend time teaching and playing with beautiful children at the St. Makarios Orphanage. We visited villages and worshipped with the locals. It is hard to deny or ignore the poverty and disease that affects Kenya. Our Kenyan brothers and sisters in Christ lack in material wealth. However, the wealth of deep faith and true joy that flowed from the people during the Divine Liturgy was unparalleled. And it is a wealth that I carry with me for the rest of my life.

In April 2009, I encountered Orthodoxy in a completely different setting.... Russia. Right after Pascha, from April 25-May 1, 2009, I joined 24 other young adults on a pilgrimage through the largest Orthodox Christian country in the world.

Our trip began in Moscow... We visited well -known historical sites such as Red Square, the Kremlin, Lenin's Tomb, and the Tomb of the Unknown Soldier. We attended a Patriarchal Divine Liturgy at the Cathedral of Christ the Savior. One of the highlights of our trip was to receive a blessing from Patriarch Kirill, the Patriarch of Moscow and all of Russia. We also visited one of the most recognizable Russian Orthodox churches, St. Basil's Cathedral. We completed our trip by visiting the Holy Trinity/St. Sergius Monastery, where we venerated the relics of St. Sergius, St. Innocent of Alaska, and St. Maximos the Greek.

St. Petersburg was just as incredible. Among the many beautiful churches we visited, we saw Cathedral of Our Lady of Kazan, St. Isaac's Cathedral, and the Church of the Resurrection (also known as the Savior on Spilled Blood). The Church of the Resurrection is decorated with 7,500 square meters of mosaic iconography. The most notable historical sight we visited in St. Petersburg was the State Hermitage Museum, holding more than three million works of art and artifacts.

Out of all the sites and beautiful churches we were able to visit in Russia, something stands out in my mind. People's faces changed when we would switch from speaking English Ito say "Christos Voskrese" (Christ is Risen). Most locals did not expect that from us, but it instantly connected us with anyone we encountered. While in Moscow, we were greeted by a woman who was a volunteer at one of the area churches. When she heard we were a group of Orthodox Christians from the U.S. visiting specifically to see the religious sites in the area, her eyes filled with tears. When we asked our tour guide why she was crying, she said that she was filled with joy that people could now "come to our country and be free to visit because of Orthodoxy."

I am truly grateful to have these experiences from Kenya and Russia in my mind and heart forever. Although Russia, Kenya, and the U.S. face different cultural, political, and social challenges, the Good News of the Holy Gospel is the same. Ultimately, it binds us together as one family in Christ. As the Youth Director of our beloved Metropolis, I look forward to sharing these memories with our young people for years to come.



Moses, one of the children living at the St. Makarios Orphanage in Nieri, Kenya.



Archbishop Makarios with the local priests and team members who graduated from HCHC.



Moscow: St. Basil's Cathedral St Petersburg: Church of the Resurrection







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