

2023 CENTRAL AREA YOUTH LENTEN RETREAT

FINDING THE PEACE OF CHRIST

IN YOU • IN YOUR FRIENDS • IN THE
COMMUNITY • IN THE WORLD

SATURDAY, APRIL 1-2, 2023

All youth (ages 8-18) are invited to join us for two days of fellowship, worship, wonderful discussions, service opportunities, and more. Workshops will also be available for adults (parents, youth workers, young adults). This event is **FREE**, but all are required to register online.

**ALL YOUTH AND CHAPERONES MUST
REGISTER BY MARCH 17, 2023**

Registration and information can be found at
www.detroit.goarch.org/centralyouth



METROPOLIS
OF DETROIT

2023 CENTRAL AREA YOUTH LENTEN RETREAT

SATURDAY, APRIL 1, 2023

11:30AM - 12:00PM	CHECK-IN AND WELCOME
12:00PM - 12:55PM	LUNCH AND ICEBREAKERS
1:00PM - 1:45PM	WORKSHOP #1
1:50PM - 2:35PM	WORKSHOP #2
2:40PM - 3:10PM	BREAK
3:15PM - 4:00PM	WORKSHOP #3
4:05PM - 4:50PM	SERVICE PROJECT
5:00PM - 6:15PM	VESPERS
6:15PM - 7:00PM	DINNER
7:30PM - 10:00PM	EVENING ACTIVITY

SUNDAY, APRIL 2, 2023

9:30AM - 11:00AM	DIVINE LITURGY
11:30AM - 12:30PM	BREAKFAST AND FAREWELL

2023 CENTRAL AREA YOUTH LENTEN RETREAT

RETREAT GUIDELINES

Please read this information carefully with your youth regarding their participation in this Retreat. If there are any questions about these guidelines, please feel free to email youth@detroit.goarch.org.

CONDUCT

All participants (youth and adult) are expected to behave in a way that is befitting an Orthodox Christian. We encourage fun, fellowship, and for everyone to learn and grow in Christ. Youth participants are, at no time, allowed to have drugs, alcohol, tobacco, vape pens, or weapons with them at any time during the Retreat. Possession of these items will be grounds for removal from the Retreat.

CHECK IN/CHECK OUT

CHECK IN: Parents... if you are not attending as a chaperone, please do not simply "drop off" your youth participant. Please come in and check in your youth participant. If you did NOT register your child online, they will not be able to stay at the retreat unless we get the required emergency contact info.

CHECK OUT: If you need to pick up your youth participant before the conclusion of the retreat or if someone other than a parent/guardian will bring your youth participant home, please:

- 1) include that in the registration or
- 2) email youth@detroit.goarch.org before the retreat OR
- 3) let the Retreat Leaders know at Check-in exactly who will be picking them up.

HEALTH NOTES

The use of masks is NOT required. However, participants are welcome to wear a mask if they choose. Please do NOT attend the event if you are ill, especially if you actively have a fever OR you had a fever within 48hrs of the retreat.

YOUTH SAFETY

Chaperones must be screened and trained according to the Youth Safety Policies of the Greek Orthodox Archdiocese of America. Please direct any questions regarding youth safety requirements to youth@detroit.goarch.org.

DRESS CODE

All youth will be asked to wear the retreat t-shirt provided. All participants are free to wear casual clothing (t-shirt, jeans, athletic shoes). However, participants should remember that Clergy will be present. In addition, we will be spending time in the sanctuary of the Church. Therefore, please do not wear clothing with inappropriate/offensive messages (alcohol/tobacco advertisements, offensive jokes/photos, etc.) or clothing that is too revealing. This includes, but is not limited to: "saggy" jeans, shirts with large cut-outs, bare midriffs, short shorts/skirts, "yoga" pants, etc.

PHONE/TECHNOLOGY USAGE

Youth participants are advised to leave their technology (tablets, smartphones, computers, music players) at HOME! If it is necessary for a youth participant to bring one of these items to the Retreat, they must be stored away and not used for the duration of the Retreat. If a youth participant is using this technology at any time during the Retreat, any of the chaperones or Retreat Leaders reserve the right to confiscate the device(s) until the conclusion of the Retreat. If you need to contact your child, please 1) Contact the host parish 2) Contact the Parish Youth Advisor in attendance with your parish group, or 3) Wait until the conclusion of the Retreat, at which time they can use their phones.

TRANSPORTATION TO/FROM RETREAT

It is not recommended that youth participants regardless of their age, drive themselves to/from a Retreat. Youth participants will not be allowed to leave the Retreat at any time unless 1) The Retreat Leaders are notified at least 24 hours in advance of alternate arrangements or 2) There is an emergency where the parent/guardian must pick them up.

2023 CENTRAL AREA YOUTH LENTEN RETREAT

LOCATION/CONTACTS

RETREAT LOCATION

Holy Trinity Greek Orthodox Cathedral
3500 W 106th Street - Carmel, IN 46032
(317) 733-3033
htcgoya@gmail.com

HOTEL ACCOMMODATIONS

Hyatt Place

12045 Illinois Street - Carmel, IN 46032
317.343.6400

Group Code G-LENT \$179.00

https://www.hyatt.com/shop/indzc?location=Hyatt%20Place%20Indianapolis%20%2F%20Carmel&checkinDate=2023-03-31&checkoutDate=2023-04-02&rooms=1&adults=1&kids=0&corp_id=G-LENT

OTHER HOTELS IN THE AREA

Drury Inn

9625 North Meridian street
Indianapolis, IN 46290
317.587.2701

Renaissance Indianapolis North

11925 North Meridian Street
Carmel, IN 46032
317.816.0777

Springhill Suites by Marriott

11855 North Meridian St.
Carmel, IN 46032
317.846.1800

Staybridge Suites

10675 North Pennsylvania
Indianapolis, IN 46280
317.582.1500

RETREAT CONTACTS

Teresa Dallas
htcgoya@gmail.com

Metropolis Youth Office
youth@detroit.goarch.org

2023 CENTRAL AREA YOUTH LENTEN RETREAT

DONATION REQUEST

In lieu of a retreat fee, we ask that everyone bring non-perishable food items as a donation to the St. Basil's Food Pantry at Holy Trinity Cathedral.

Commit Your Cause to the Lord

They have distributed freely, they have given to the poor, their righteousness endures forever."

~ Psalm 112:9

As the journey to the Resurrection begins, let us honor this journey by giving alms to those in need through Lenten food donations. The goal of the food drive is to collect the following Lenten food items (please bring canned, boxed and plastic containers only):

- **Canned Bean & Vegetable Soups 15 oz**
- **Canned Fruits (mandarin or pineapple) 15 oz**
- **Canned Tuna 10 oz**
- **Canned Vegetables 15 oz**
- **Canned Pasta Sauce 24 oz**
- **Pasta (spaghetti or macaroni) 16 oz**
- **Peanut Butter 10 oz and 16 oz**
- **Grape Jelly 20 oz**

Email Teresa Dallas at htcgoya@gmail.com with any questions or visit <https://htcindy.org/st-basil-food-pantry>.