The Feast of the Holy Precious and Lifegiving Cross
Holy Cross, Farmington Hills, Michigan, September 14, 2020
Metropolitan’s Message

Beloved Clergy and Faithful of the Metropolis of Detroit,

How many times have you wished that you could have a “do over?” You know what I mean: a chance to try something again so that we won’t make the same mistakes over — those errors in judgment that we anticipated and the other things that happened which we could not foresee.

All of us know that from the moment we are born we are learning about the reality of life. Even as children we might fall with our first few steps — but we learn how to balance ourselves and to get to the other side of the room. In school, we begin by learning the alphabet only to find ourselves learning how to spell words by the end of the year. And then of course, it is time to go off to create our own lives. We take all the “training” that has been put into our spirits and move forward hoping for an even greater adventure. And that adventure might be a new job, more education, getting married and having a family. Yes...life is one continuous learning curve!

But we all know that life is never perfect: and that is why we can’t wait for a “do over.” We tell ourselves things like:

If only I hadn’t moved so quickly skiing down the hill, I wouldn’t have broken my leg. Next time I will go slower.

I really should have done what Mom and Dad told me; then I wouldn’t be in this predicament;

Next time I will study harder for my exam.

Why did I listen to them? I know better. Let me try again!

Do I have to do my classes on the computer? I miss seeing my classmates. I won’t take going to school for granted anymore.

The opportunity to begin over and start anew is really a blessing that many of us don’t appreciate.

Having entered the month of September, even our Holy Church recognizes that it is again a time for new beginning, for we have entered the new ecclesiastical year. While some of us may think that it just means the cycle of services will just be chanted again like last year — for all of us this is really a new beginning.

It is new because we have an opportunity to go back and reconsider some of our ideas and our intentions – and make a fresh start as needed. We can pick up where we left off from doing our best and prove worthy of the blessings we have received from God and our family. We can set a new target and goal to participate in whatever way we are able in our Church community; either by watching online or in person as is possible; by helping our neighbor and demonstrating our love for God; and by forgiving others as we would want to be forgiven.

September is a new start in our lives. It is a time when “do overs” are encouraged. It is a time when God asks us to learn from our past to create a brighter future. Happy September! And enjoy this opportunity to begin again to conquer any roadblock before us — just as we continue to express every joy in knowing that God is with us.

*Metropolitan Nicholas

Metropolitan Nicholas and Detroit area clergy, Chanters and Seminarians at Vespers for the Feast of the Nativity of the Theotokos.

Nativity of the Theotokos, Monday, September 8, 2020
On September 1st, Holy Cross in Farmington Hills, Michigan welcomed their new Proistamenos, Father Alex Radulescu, Presbytera Silvana, and their children, Gabriel and Zoe (with one more on the way!). 

AXIOS!

On September 1st, Holy Trinity in Nashville, Tennessee welcomed their new Proistamenos, Father Peter Spiro, Presbytera Dana, and their children, Theodore, Elaina, and Steven. AXIOS!

On Saturday, September 19th, His Eminence, Metropolitan Nicholas, ordained Father Niko Tzetzis to the Holy Priesthood at Sts. Constantine and Helen in Westland, Michigan. Father Niko will serve Holy Trinity - St. Nicholas in Cincinnati, Ohio. AXIOS! Also congratulations to he and Presbytera Ivey as they welcomed a baby boy, Tommy in July!

His Eminence, Metropolitan Nicholas plans to ordain Deacon Bryce Vasilios Buffenbarger to the Holy Priesthood at where he will serve Holy Trinity Cathedral in Carmel, Indiana. AXIOS!

Like many schools, Hellenic College Holy Cross is holding this semester virtually. The Metropolis welcomes some of our seminarians to the office twice a week as a place to study and liturgical worship and practice. Please keep in your prayers, our students, Spiro Morris and Zach Heller from Holy Cross in Farmington Hills, Michigan, Michael Hostetler from Holy Trinity in Lansing and Alyssa Eliopoulos from Holy Mother Queen of All in Lexington, Kentucky, who recently got engaged. Congratulations, Alyssa!
Youth News
BY EVA KONSTANTAKOS

METROPOLIS SUMMER CAMPS – Bringing Camp Home

Due to concerns for the safety and health of our campers, clergy, and staff, all of the camps in our Greek Orthodox Archdiocese made the difficult decision to cancel their in-person camp programs this summer. For our beloved Metropolis Summer Camps, cancelling in-person programs was a painful but necessary decision. However, our camps did not let that stop them from reaching out to their incredible camp families to celebrate the faith and fellowship from afar. For more information about all three of our summer camps, please visit our Metropolis website https://www.detroit.goarch.org/camps.html. Here is a glimpse into what our phenomenal camps offered to encourage unity, connectivity, and hope for 2021.

Metropolis of Detroit Summer Camp (MDSC)

MDSC, which primarily serves youth in/near Michigan, offered a weekly gathering via Zoom of campers, staff, and alumni to pray the evening prayers together. In addition, each week featured a different priest to offer a Scripture reading and reflection. His Eminence Metropolitan Nicholas was able to participate in one of the Monday virtual gatherings, offering a message of unity and hope. Also, the staff put together a beautiful video about what camp means to them. www.gomdsc.org.

St. Nicholas Summer Camp (SNC)

St. Nicholas Summer Camp, serving the Central and Southern areas of our Metropolis, opted to have a Virtual Reunion – inviting campers, clergy, staff, and alumni from the past twenty years. His Eminence Metropolitan Nicholas was in attendance and offered a reflection before each group participated in smaller group discussions, including an alumni group. The evening also featured a 15-minute photo slide show which offered highlights from the past camp season. SNC plans on offering a few more virtual gatherings in anticipation of reuniting season for Summer 2021. www.stnicholascamp.org.

St. Timothy Summer Camp (STC)

St. Timothy Summer Camp offered an unique opportunity for their campers and staff. Father David Smith, who serves as the STC Camp Director, hosted a weekly series called “STC on the Road.” Father David traveled to a few of the parishes in Upstate NY, offering a virtual tour and discussing why camp is so special. The series was hosted every Friday in July and visited the parishes in Buffalo, Rochester, and Syracuse. www.sttimothysummercamp.org.
Youth News (continued)

SUNDAY SCHOOL TEACHER FORUM – Oratorical Festival Discussion

Wednesday, September 23, 2020 at 7:00pm ET

Since the beginning of the COVID-19 pandemic, the Metropolis has offered a monthly forum for all Clergy and Sunday School Directors/Teachers to gather and discuss religious education in our Metropolis parishes.

September’s monthly forum will be focused on the St. John Chrysostom Oratorical Festival. This meeting will be held Wednesday, September 23, 2020 at 7:00pm Eastern Time (6:00pm Central) via Zoom Video Conferencing. The meeting is free and open to all Clergy and Parish Religious Educators. All participants must register online at https://www.detroit.goarch.org/religioussed.html

PARISH YOUTH SAFETY UPDATE

Although our parishes are currently not holding in-person youth ministries, it is imperative that parishes continue the compliance process for the Archdiocese Policies for the Safety of Children and Youth (Youth Safety).

In the coming weeks, the Metropolis Office of Youth and Young Adult Ministries will learn more from the Archdiocese regarding renewal of youth workers in the Praesidium system (renewal of training and updating of youth worker lists). In the meantime, Metropolis Youth Safety Administrator will be reaching out to parishes to confirm the assignment of the Parish Youth Safety Administrators and offer tips for the parish renewal process. For more information regarding Youth Safety, email youth@detroit.goarch.org or visit the https://www.detroit.goarch.org/youthsafety.html

METROPOLIS HELLENIC FOLK DANCE FESTIVAL (Detroit HDF)

Rescheduled for Fall 2021

Due to the continued public health concerns and protocols in place as a result of COVID-19, the difficult decision was made to postpone the 2nd Annual Metropolis of Detroit Hellenic Folk Dance Festival (Detroit HDF) until 2021.

However, the Metropolis of Detroit Office of Youth and Young Adult Ministries is pleased to announce that the next Detroit HDF has been rescheduled for October 8-10, 2021 at St. Nicholas Church in Troy, MI. All parishes are asked to save this date for next fall. Information regarding registration and event details will be sent in the new year. For more information, feel free to email DetroitHDF@gmail.com or visit https://www.detroit.goarch.org/detroithdf.html

We wish everyone a blessed new Ecclesiastical Year!
Philoptochos News

BY THEONE DICKOS

WAIT for his answers RELAX in his presence

Fear not for I am with thee; be not dismayed for I am thy God” - ISAIAH 41:10

Philoptochos Ladies have received many blessings in their lives, but our biggest blessing is the ability to assist those who are less fortunate.

Every chapter in the Metropolis continues to embrace the mission of Philoptochos. The hearts of our members are big and warm. Despite the pandemic, the chapters continue to serve with fervor to help those who are less fortunate. The outreach during this time has been phenomenal. Many chapters have organized groups to call parishioners, volunteers shop, cook, and run errands for those who are comprised, thank you notes to the First Responders and to the Clergy, fellowship groups use Zoom or Teleconferencing to keep in touch in the comfort of their own homes, making masks which are in high demand, and funding and providing lunch for grocery store employees and other first responders, and the list goes on and on.

The Metropolis of Detroit Philoptochos Chapters reach out in the community is so many different ways by providing meals to the homeless in the Feeding the Hungry Initiative. Food is the number one need, and the chapters continuously provide assistance and help at soup kitchens, and during this time, provide packaged meals for the safety of their patrons. The chapters have also embraced the National Philoptochos Operation Classroom Initiative. The chapters have provided school supplies, coats and toiletries to impoverished students throughout the Metropolis.

In the spring of 2020, the Metropolis Board was busy planning a Facebook “No Show” fundraiser to provide support to Metropolis charities including the Alzheimer’s Association, benevolence to Metropolis Members, Summer Camps, Detroit Rescue Mission and many more. Through Social Media, the Philoptochos Board sent invitations to “Celebrate Women” who inspired us in our mission and in life. From March 17 - May 17, donations were received honoring and memorializing women who are near and dear to us. Through chapter and individual donations, the fundraiser netted over $10,000. Each honored and memorialized woman was beautifully displayed in an individual post on the Metropolis Philoptochos Face book Page and Instagram.

The Metropolis of Detroit Philoptochos awarded the second Florence G. Stefanou Scholarship to Nina Katherine Heister. Nina is the daughter of Catherine Stavros, and is a member of Holy Trinity/St Nicholas Church in Cincinnati, OH. Nina will be attending the University of Louisville in the honors program majoring in Bio Engineering. Congratulations Nina!

The Metropolis of Detroit is honored and excited to be selected as the next site for the Children’s Medical Fund Luncheon on November 6, 2021 in the city of Indianapolis. Many wonderful events are already being planned for this phenomenal National Philoptochos event.

By time you receive this newsletter, the National Philoptochos Virtual Convention will have taken place on August 21 and 22. Nearly 400 participants have registered, and Philoptochos ladies continue their work and serve others with innovative technology and social distancing!

Looking forward to the time when we all can gather together safely.

CONTRIBUTIONS

Metropolis Donations

❖ Benevolence through Partners in Philanthropy - $2,545
❖ Covid Relief Fund - $1000
Church musicians of our Metropolis have certainly missed our ministry of singing! With the COVID-19 restrictions on church attendance and the dangers of virus spread from singing, our liturgical lives have drastically changed over the past six months - only one chanter, sometimes two, has been participating while choirs have had to remain silent. However, we realize that we’re not alone in this separation from our beloved stewardship to our Church. This is happening all over our Archdiocese as well as in churches and temples of all religious faiths, in the schools, within community choruses, and in other popular professional concert venues. Research is telling us that singing is one of the "spreaders" of the virus, much like shouting and cheering, especially where there are closely-spaced large groups in enclosed places over long periods of time such as happens in our church services. So we must be careful.

Given that, what have we been doing for our ministry? Our chanters have taken the full load of the responsibility for rendering the hymns of our services – not only the Orthros and Divine Liturgy on Sundays, but also for Vespers, Matins, Paraklesis, Heretismoi, and other services since last March. We owe them many thanks and kudo's for their service, their stamina, and their dedication.

Choir members have tried to be patient, taking advantage of time to participate in services via live-streaming, often "visiting" other parishes to learn from their practices. Some choirs have held ongoing meetings via Zoom, providing opportunities to keep connected as a "choir family." We've also been listening to Orthodox and other choirs on the Internet, experiencing new hymns and even watching a few vocal lessons to help keep our voices in shape. Most of all, there has been much talking about the future and consideration of ways we may be able to "come back" that are safe for us as well as the congregation.

In looking towards the future, we will await word from His Eminence, Metropolitan Nicholas, to learn of his guidance about the return of choirs. We foresee we may be able to sing, masked, in smaller groups for shorter periods of time during the Liturgy for a while, collaborating with our chanters to share in the presentation of the service. We'll also have to reconsider rehearsal spaces so that we can physically distance and practice safely.

In the meantime, some other exciting things have happened to increase our knowledge about coping during the COVID-19 crisis and planning for beyond it. As part of the Clergy-Laity Congress, the National Forum of Greek Orthodox Church Musicians presented a webinar for parish delegates and clergy entitled, "COVID-19 and Church Music in the Parish." As National Chairman, Vicki Pappas presented information about what research tells us about singing and its impact on virus spread, including the implications this has for parish music programs. She suggested some practical ideas for the safe return of church music in the parishes – for their choirs, chanters, and youth music activities. This webinar took place on Wednesday afternoon, September 9th, as part of a series of Ministry Webinars being sponsored by the Clergy-Laity Congress.

In addition, immediately following the Clergy-Laity Congress, the National Forum of Greek Orthodox Church Musicians held its 44th Annual Meeting via Zoom, and church musicians from MEGFOX participated in this virtual event. As part of this gathering, there were two webinars for all church musicians in the Archdiocese (clergy, chanters, and choir members), one a repeat of “COVID-19 and Church Music in the Parish” on Friday, September 11th and a second, conducted by prominent vocal music professionals from across the Archdiocese, entitled “Tips and Tricks for Vocalizing During COVID-19” on Monday, September 14th. All those interested were welcome to participate!

For more information about attending future webinars and the Internet links needed to participate, feel free to contact Vicki at pappas@ondiana.edu.
Greetings in the Name of Our Lord and Savior Jesus Christ,

We are living in difficult and uncharted times. With COVID-19 disrupting our normal routines, work programs and our general social interactions, I have faith that we will collectively work together to get through these challenges with the support of one another and in our belief that our Lord will be beside us through these trials.

One of the challenges we have, deals with the Pension and Benefits Fund for our Priests of the Greek Orthodox Archdiocese of America. This fund provides for the health care and pensions of our clergy and those that are currently in retirement. This program has been underfunded for many years and has reached a point that significant changes need to be made to the fund for it to be able to provide the current level of benefits that are being received by our clergy. Alternatives that are being discussed are: a. funding the current benefits and pension to the required level to meet current and long term benefit distribution; b. grandfather the current benefits and pension plan for those who are currently retired; c. establish a new pension plan for those priests that are not part of the current health and pension plan; d. possibly a blend of these proposals. These alternative options are still in review and discussion.

This situation has added an additional burden to our priests who are ministering to their congregations during these unchartered times with limited attendance for our sacraments, limited services of our church and limited access to our individual parishioners and their families.

I want to ask that you join me and letting our Priests know that we as a family support them, care about them, love them as our Spiritual Fathers. As we navigate through these difficult times and the discussions for the long term impact of the Health and Pension Benefits Plan that we will do want we can and is necessary to resolve this issue in a loving and caring manner for the Greek Orthodox Archdiocese of America.

Yours in Christ,

Patrick R. Crosson
Vice Chairman
Metropolis of Detroit Council
### Friends of the Metropolis 2020

List of Donors January 1 – August 31

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<th>Region</th>
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<td>Cincinnati, OH - Holy Trinity-St. Nicholas</td>
<td>Holy Trinity-St. Nicholas Parish, Assaley, Lewis and Patricia, Perdikakis, Gus and JoAnn, Raptis, James and Maria</td>
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<td>Carmel, IN - Holy Trinity Cathedral</td>
<td>Holy Trinity Philoptochos, Holy Trinity GOYA, Hohnholt, Fr. Gregory, Buffenbarger, Deacon Bryce and Diakonissa Emily, Elyse, Andros, Cheryl, Dallas, Christopher and Teresa, Dunbar, Pete and Lea, Eleftheri, Anthony and Jill, Hostetler, Duane and Eleny</td>
<td>Johnson, Ronald and Sunday, Kostyn, Catherine, Malandrakis, Michael and Helen, Oberlies, Toulas, Pappas, Leon and Andrea, Pappas, Nick and Tracy, Pavia, Joseph, Payne, Martha, Vitsas, Constantine and Sondra, Woodruff, Jim and Cindy, Young, Michael and Helen</td>
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<td>Detroit, MI - Annunciation Cathedral</td>
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<td>Bouris, Harry and Linda, Burns, Annika, Castlemann, Maria P., Clarke, Steven and Constance, Couchot, Larry E. and Christine S., Davell, Constantine and Phyllis, Fote, Alex and Photini, Hodson, Thomas, Inempolidis, Demetrios and Dena, Liapis, Gus H., Keilholz, Mark and Cynthia, Nicholas, Joanne Renee, Panson, George and Sherry, Powers, Michael and Maria, Retzios, Thomas and Angela, Shamma, H. Nicholas and Nadine, Stamas, Elizabeth, Stamas, Nick and Emily, Urse, John and Deborah, Vallassiades, John and Evanthia, Zavakos, James and Ruthann, Zalants, Anthony and Irene</td>
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<td>Farmington Hills – Holy Cross</td>
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<td>Bouris, Harry and Linda, Burns, Annika, Castlemann, Maria P., Clarke, Steven and Constance, Couchot, Larry E. and Christine S., Davell, Constantine and Phyllis, Fote, Alex and Photini, Hodson, Thomas, Inempolidis, Demetrios and Dena, Liapis, Gus H., Keilholz, Mark and Cynthia, Nicholas, Joanne Renee, Panson, George and Sherry, Powers, Michael and Maria, Retzios, Thomas and Angela, Shamma, H. Nicholas and Nadine, Stamas, Elizabeth, Stamas, Nick and Emily, Urse, John and Deborah, Vallassiades, John and Evanthia, Zavakos, James and Ruthann, Zalants, Anthony and Irene</td>
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Fort Wayne, IN - Holy Trinity
Sicoe, Fr. Cosmin and Presbytera Mihaela
Walsh, Fr. Andrew and Presbytera Sophia
Baker, John and Konstantina
Douglas, Gregory and Athena
Maggos, Eleftherios and Paraskevi
Ryman, Benjamin and Kelly

Grand Blanc, MI - Assumption
Assumption Parish
Russell, Fr. Jarrod
Chinonis, Dennis and Debra
Chinonis, Linda
Kalatzis, Athena
Kaloydis, John and Karen
Mersinas, George and Laura
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Yeotis, Thomas and Magdalene

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Sinas, Thomas and Michelle

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Bezirganian, John
Manos, Bill and Paulette

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Lexington, KY - Panagia Pantovasilissa
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Sawaya, Peter and Kalliopi

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Vaughn, James and Debby

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Smith, Christopher J.
Takis, Jerry and Mary
Vardouniotis, John and Catherine

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Nativity of the Virgin Mary Parish Council
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Petrou, John and Anna
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Rochester, NY - Annunciation
Gines, Maria

Rochester, NY - Holy Spirit
Stechschulte, Mark

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St. George Parish

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Minton, Nicholas
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Lagos, James and Nike

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Stoukas, Harriet

Sterling Heights, MI - St. John
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Kotsis, Katherine
Raphits, E. Mike and Betty
Tangalos, John and Mary

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Kane, Maria

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Photos, Thomas

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In Memory of Presbytera Helen Hatz
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Pavlou, Paris and Anna
Veremis, Ted and Georgia
Zotos, Gregory

Vestal, NY – Annunciation
Annunciation Philoptochos
Bahlatzis, Fr. Michael and Presbytera Kimberly
Yacalis, Deacon Vasili and Diakonissa Pamela
Gianakourous, Harry and Katie
Ivan, James and Lynda

Westland, MI - Sts. Constantine and Helen
Sts. Constantine and Helen Philoptochos
Petruitiu, Fr. Teodor and Presbytera Roxana
Chuey, Mark and Jean
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Mid Eastern Federation of Greek Orthodox Church Musicians (MEFGOX)

Thank You!
Dear Friends of the Metropolis,

You made a tremendous impact in our Metropolis of Detroit for the year 2019. Because of your love and support for the Friends of the Metropolis program, we have been able to fully fund the continued operation and ministries of our Metropolis. Please know that the Metropolis of Detroit has always had an open financial accounting of our income and expenses.

Every gift to our Metropolis has been spent in accordance with the needs, work, and ministry of our Office for the benefit of our Parishes, our Clergy, our Faithful, and all of our individual ministries.

If you are getting ready to give a donation for the 2020 Friends of the Metropolis program, please remember how your donations are used:

- YOU have helped us to pay all the normative operational expenses of the Metropolis Office including: building maintenance and repair; heat; lights; postage; technology; and supplies;
- YOU have made it possible to cover the travel expenses incurred during our pastoral visitations to the Metropolis parishes;
- YOU helped make certain that we are able to contribute to student loan payments for our clergy and church workers who graduated from the Hellenic College/Holy Cross and serve in our Metropolis parishes;
- YOU have assured that there is support for creating virtual summer youth camp opportunities to all of our young people;
- YOU helped support monthly continuing education webinars for clergy, Sunday School Teachers, and Parish Youth Workers.
- YOU have been the helping hands who gave through our office to those in need of shelter, clothing, food, and medical supplies;
- YOU helped Metropolitan Nicholas assist people in emergency situations in need of financial support;
- YOU have allowed the Metropolis to help people and parishes that are most impacted by the COVID-19 pandemic.

Thank you for your great stewardship!

God be praised!