

My son was dead, and is alive again; he was lost, and is found.

-Luke 15:24-

Icon of the Prodigal Son with Christ as the Forgiving Father

Photograph: Sandy Cooper Holy Trinity Church, Carmel, IN

Metropolitan's Message

Beloved Family in Christ,

Halfway through the Great Fast, we can see the light of the Paschal glory beginning to shine on the horizon. We may begin to hear the beautiful hymns of the Paschal feast faintly drifting on a distant breeze. One cannot help but be moved by the beauty of the Paschal verses that we chant during the Orthros service on Saturday night. The Psalm from which these verses are taken proclaims, "Let God arise, and let His enemies be scattered; and let them who hate Him flee from before His face. As smoke vanishes so let them vanish away, as wax melts before the fire so do sinners perish from before the face of God; and the righteous rejoice."

Yet just one Psalm prior to this in the Scriptures, the Psalmist cries out to God asking that He shine His face upon all peoples, that His saving power would be known among all nations, that all the ends of the earth would fear Him. Do these two Psalms contradict one another? Orthodox Tradition, and Scripture itself, would suggest that they do not. Instead these two Psalms, especially because they are found right next to each other, serve as a reminder that every piece of Scripture and Tradition must be read in light of the entirety of Scripture and Tradition. We cannot joyously chant "Let God arise, and let His enemies be scattered," without remembering that "God desires everyone to be saved and to come to the knowledge of the truth." (I Timothy 2:4) Furthermore, we must never forget that we had made ourselves enemies of God through our own sinfulness, and that it was not our own special merit that brought us into a restored relationship with God but His own act of reconciliation which saved us. (Romans 5:7-10, Ephesians 2:8-9).

Do our hearts yearn for the salvation of all people? Jesus tells us that God is like the father in the parable of the prodigal son, He is constantly searching for His children who have strayed. He is always on the lookout for their return. The older brother however, had written off hope for the prodigal. Not only was he not watching for the homecoming of his brother, he was upset when he returned to the family! Are we like God, our Father, or are we more like the older brother from the parable?

As we prepare to chant the triumphal Paschal verses, let us do so while ever remembering Christ's command to us: "Love your enemies and pray for those who persecute you." (Matthew 5:44)

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METROPOLITAN NICHOLAS OF DETROIT

Photo: His Eminence Serves the Divine Liturgy during GOYO Weekend January 28, 2018 | Holy Trinity Church, Grand Rapids, MI



Metropolis News

- On January 20, 2018, Dcn. Alex Radulescu was ordained to the Priesthood and is now assigned as an assistant priest at the St. Nicholas Church in Ann Arbor, MI. Dcn. Alex served as a lay assistant and Deacon to Metropolitan Nicholas beginning in September 2009.
- On December 4, 2017, we welcomed Bryce Buffenbarger as the new Assistant to Metropolitan Nicholas. Bryce is a graduate of Holy Cross School of Theology and Valedictorian of his Class of 2017.
- Holy Trinity Church in Grand Rapids, Michigan hosted the Greek Orthodox Youth Olympics on January 27-28. Young people from all over the Metropolis of Detroit joined together in order to get better acquainted, have fun, and learn about their faith. Participants came from as far away as Cincinnati to take part in this, the fourth year of this wonderful event.
- Memory Eternal Fr. Charles Sarelis and Presbytera Claire (Fotini) Raphael

Metropolitan's Schedule

NOTICE: Due to his appointment as Locum Tenens of the Metropolis of Chicago, Metropolitan Nicholas' schedule may be subject to change. Please visit our website for updates: www.detroit.goarch.org/calendar.

MARCH

13-16	Eparchial Synod Meeting	Greek Orthodox Archdiocese, New York, NY
17	Consecration of Archimandrite Nathanael	Holy Trinity Cathedral, New York, NY
18	Sunday of St. John Climacus	Holy Cross Church, Farmington Hills, MI
23-26	Chicago	
	Enthronement of the New Metropolitan	Chicago, IL
28	Presanctified Liturgy	Metropolis Chapel, Troy, MI
31	Lazarus Saturday	St. George Church, Southgate, MI

APRIL

1	Palm Sunday Liturgy	St. John the Forerunner Church, Sterling Heights, MI
1	Bridegroom Service	Holy Trinity Church, Lansing, MI
2	Bridegroom Service	Holy Trinity Church, Grand Rapids, MI
3	Bridegroom Service	St. Nicholas Church, Troy, MI
4	Holy Unction	Sts. Constantine & Helen Church, Westland, MI
4	Holy Unction	Nativity of the Virgin Mary Church, Plymouth, MI
5	Holy Thursday Liturgy	Metropolis Chapel, Troy, MI
5	12 Gospels Service	Holy Trinity Cathedral, Toledo, OH
6	Epitaphion Visitations	Parishes in the Metro Detroit Area
6	Lamentations Service	Annunciation Cathedral, Detroit, MI
7	Proti Anastasi Liturgy	Assumption Church, Grand Blanc, MI
7-8	Paschal Liturgy	Assumption Church, St. Clair Shores, MI
8	Agape Vespers	Sts. Constantine & Helen Church, Westland, MI

Youth News

BY EVA KONSTANTAKOS

4TH ANNUAL GOYO EVENT A SUCCESS!

Youth from various parishes in the Metropolis attended the 4th Annual GOYO (Greek Orthodox Youth Olympics) event hosted by the Holy Trinity parish in Grand Rapids, MI. The event was held January 27 -28, 2018.

His Eminence Metropolitan Nicholas was in attendance, along with Father James Berends (Holy Trinity/Grand Rapids), and Father Michael Manos (St. Nicholas/Troy) who offered an Orthodox Life reflection for the attendees. Each year, GOYO has a theme to guide its participants to a better understanding of their Orthodox Christian faith. This year's theme was focused on the Holy Angels.

In addition, GOYO always incorporates a service aspect to give back to the community. This year, the teams worked together to create fleece blankets that will be delivered to few local veterans for their service to our country.

The teams were composed of a mix of youth from each participating parish and led by young adults from those parishes. Each of the teams competed in various relay games, dodgeball, and tug-o-war.

After a full day of games, participants gathered at Holy Trinity Church for a dinner, awards ceremony, and dance. Before the awards, the GOYAns and parish took a moment to honor Christy Buck – longtime youth worker of the Holy Trinity Grand Rapids parish – for her 30 years of service. *(pictured below with His Eminence Metropolitan Nicholas).*



The awards were given to the top three teams overall. In addition, the "Ethos" award was given to one person from each team – voted on by their fellow teammates – recognizing their positive attitude and motivation.

On Sunday, all of the participants gathered once more for a Hierarchical Divine Liturgy with His Eminence Metropolitan Nicholas, and a brunch sponsored by the parish.

Many thanks to Father James Berends, Christy Buck, Esther Koukios, the countless volunteers, and the entire Holy Trinity parish for hosting such a wonderful annual event to gather the youth of the Metropolis of Detroit in faith and fellowship.



2018 Upcoming Events

- April 14 SJCOF Michigan District Finals
- April 14 SJCOF Central District Finals
- April 21 SJCOF Southern District Finals
- April 22 SJCOF Upstate NY District Finals

Assumption Church, Grand Blanc, MI Panagia Pantovasilissa Church, Lexington, KY Holy Trinity Church, Nashville, TN Annunciation Church, Buffalo, NY

Philoptochos News

BY THEONE DICKOS

May the joy and peace of the Christmas season be with you throughout the year. On behalf of the Metropolis Board and Chapters, I wish you a year filled with an abundance of blessings and good health.

2018 began with the cutting of the Vasilopita, the first of the nineteen National Commitments. All proceeds benefit St. Basil Academy. Luncheons, auctions, trays passed after the Divine Liturgy and a variety of other activities were held. The monies raised in the Vasilopita celebrations are typically greater than those of the other commitments.

On December 3, the Philoptochos was pleased to host its annual Name Day Open House and reception for our beloved Metropolitan Nicholas at the Metropolis Center. A Vespers Service was held on December 11 and Divine Liturgy on December 12 in commemoration of St. Spyridon to whom the Metropolis chapel is dedicated. The festive and beautifully decorated Metropolis home created a lovely ambiance for the receptions hosted Metropolis by the Philoptochos Board.

Many Charities benefitted over the Christmas holiday.

The Assumption Philoptochos of St. Clair Shores, Michigan adopted two needy families, one with four children and the other with six children, through the Children's Hospital of The Chapter purchased Michigan. everything on the family wish list including clothes, shoes, coats, household items, toys and electronics.

They also collected over 140 coats for participate. The end of the drive will through December 15.



The Holy Trinity Philoptochos of 1-5, 2018 in Boston, Massachusetts at Carmel, Indiana collected coats and the Marriot Copley Place Hotel. We toiletries for the EMBRACE Program hope for and encourage 100% at Eskenazi Hospital in Indianapolis. chapter participation. The EMBRACE Program provides encouragement and addresses many of the concerns confronting people with cancer. The Holy Trinity Philoptochos partnered with George Antiochian Orthodox Church the following Vasilopita Celebrations and delivered the coats and toiletries to the Executive Director of the Pink Ribbon Connection which offers support and services to women affected by breast cancer.

The Annunciation Philoptochos of Muskegon, Michigan created a Giving Tree and collected scarves, gloves and children's books at Christmas. The items were given to the Mission for Area People in Muskegon Heights, Michigan.

Metropolis Board The is busy planning fundraisers in order to fulfill our mission of helping others. This coming spring there will be a Facebook no-attendance Royal Tea. The drive will be posted on Facebook and will benefit the Partners in Philanthropy Fund and the Emergency Relief Fund. A "Save the Date" flyer will be posted explaining the event and how we all can

"One Warm Coat" from November be on May 19th the date of the royal wedding. More information will be forthcoming.

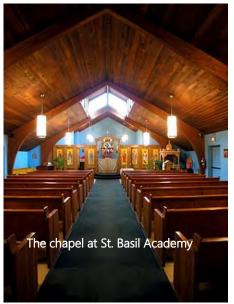
> Mark your calendars for the Spring Luncheon on May 4, 2019. The committee for the 2019 fundraiser is planning a special and unique event. The destination for the luncheon will take place at Lovett Hall in Greenfield Village and the Henry Ford History Complex in Dearborn, Michigan. This is an event that no one will want to miss!

> The **Biennial** Clergy-Laity and Philoptochos Convention will be July

Contributions

 $^{\mbox{St.}}$ St. Basil Academy is the recipient of

*	St. Nicholas - Ann Arbor, MI	\$2,260
*	Holy Trinity-St Nicholas- Cin. OH	\$2,500
*	Annunciation - Dayton, OH	\$5,000
*	Assumption - St Clair Shores, MI	\$1,000
*	St Nicholas - Troy, MI	\$6,000
*	Holy Trinity - Carmel, IN	\$2,000



MEFGOX News

BY VICKI PAPPAS

MUSICAL PREPARATIONS FOR LENT



We are approaching the season of the ecclesiastical year when choirs, clergy, and chanters have many additional responsibilities as they prepare the special hymns and prayers designated for the Great Lent. They have myriad responsibilities related to preparing the hymns: selecting music, printing

copies, organizing notebooks, practicing, calling extra rehearsals, studying the order of services and the hymns' meanings so they can be interpreted correctly, and coordinating with each other. All this occurs behind the scenes so that the services are seamless, beautiful, and enhance the worship of the parishioners.

Two basic changes will be occurring for all the Sunday Divine Liturgies during Lent. First, we switch to the Liturgy of St. Basil on Sundays, a slower, more solemn presentation of the service. This calls for changes in the text of the prayers for the priest as well as musical changes for the chanters and choirs. Second, we will hear the hymn, O Champion Leader/ $T\eta \gamma \pi \epsilon \rho \mu \dot{\alpha} \chi \omega$ as the Kontakion for the first five Sundays as well as during the five Friday Salutations services. This triumphal hymn commemorates the praise to the Theotokos given by the City of Constantinople for being saved from the barbarian invasions.

Several Lenten feast days also occur on Sundays and they require their own designated hymns (Apolytikia and Kontakia) and often processions. On the first Sunday of Lent (February 25th this year), we encounter the Sunday of Orthodoxy, celebrating the restoration of the icons and a dynamic reaffirmation of our faith. Clergy and church musicians often join the faithful of other Orthodox jurisdictions either at Liturgy or at Pan-Orthodox Vesper services in the evening. Halfway through Lent, on March 11th, we will celebrate the Feast of the Holy Cross, which includes not only a procession, but the special hymns, Lord, Save Your People/Σώσον Κύριε and By Your Cross/Tov Σταυρόν Σου. This year, we will also celebrate the Feast of the Annunciation (March 25th) on a Sunday.

In addition to the Sunday liturgies, church musicians will be participating in other services that occur during Lent. Every Wednesday, there is a Presanctified Liturgy. And as mentioned earlier, there are the five Friday Salutations to the Theotokos. At these services, there are opportunities for youth and adult choirs to join the chanters and clergy in the singing of the hymns and responses and/or the final prayers. On the Saturday before Palm Sunday and Holy Week, young children and youth often participate for the Saturday of Lazarus Liturgy, where the special Communion hymn is "Out of the mouths of babes comes perfect praise."

This is the time of year when the work of the Mid-Eastern Federation of Church Musicians (MEFGOX) becomes especially relevant to choirs and parishes. We offer assistance and musical and informational resources for choirs, chanters, and youth choirs during this period. Often, we offer workshops where content may be concerned with the theology of a Lenten service or hymn and/or when various musical versions of the special hymns are presented and practiced. One such workshop will occur for the church musicians of Detroit on February 10th, where some attention to good vocal techniques will be provided because of the demands of the extra services singers will engage in during Lent.

We hope this brief explanation of changes to expect in our upcoming services for Great Lent is helpful to understanding the work of church musicians and, most importantly, that your worship experience is enhanced. We wish you a productive and meaningful journey through Great Lent!



Icon of the Most-Holy Theotokos and Christ, surrounded by scenes from the Akathist. (http://bit.ly/2DTsLqZ)

Lent - A Call to Authenticity

BY FR. CIPRIAN STREZA

What if this year we went deeper in our search for the meaning of Lent? Deeper than the various technicalities we have heard over the years regarding fasting, or even the guilt of not fasting. If we go deep enough, we find... ourselves - the ones for whom Christ is crucified and risen, whom God calls by name into His glory, free of pretense or coercion. Reflecting with a contrite heart on our failures and sins, we acknowledge that they are not a part of who we truly are. We rid ourselves of anything that does not belong to our authentic beauty as an image of God. Having this approach, we do not see Lent as a burden, but as an opportunity of liberation and of becoming.



We have heard that prayer, fasting and almsgiving are the essence of Lent. What is prayer if not a constant communion with our Heavenly God? What is fasting if not liberation from desires, passions and selfish instincts? And what is almsgiving if not breaking through the shell of self in order to join the experience of others? This process of repentance, this change of heart, is shifting our energy from the pseudo-selves which we create in our lives towards a more authentic experience as sons and daughters of the Most High.

The popular practice of "giving up" something during Lent as a sacrifice, a personal suffering undertaken in order to attempt to participate in Christ's own suffering, may distract us from the true Lenten calling of continually becoming more authentic. Is Lent something I do for a little over forty days each year, or is it something that truly changes me? If we merely deny ourselves one thing, we miss the opportunity to be rid of everything that is not part of our inherent image of God. I can give up chocolate for lent, or I can renounce the things that prevent me from being God-like: pride, selfishness, sloth, attachment to food, vainglory, etc...

Change is not an easy process. But as a mother soothes her child through growing pains, our loving Church takes us by the hand through this process of liberation and becoming. If we immerse ourselves into the Lenten liturgical rhythm, if we cleanse our sins in the Sacrament of Confession, if we lighten our bodies through fasting, and are ready to live an authentic Christian life, we will be amazed by the creative power of Great Lent!

Let us be mindful of our beauty as God's image; consider our sins, attachments, and delusions as foreign to our authentic being; with our eyes affixed on the Resurrection of our Lord, let us strip them away so we can present ourselves worthily at the Wedding Chamber of the Bridegroom.





Photo: Akathist Service at St. George Church, Bloomfield Hills, MI

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Photo Highlights

Greek Orthodox Youth Olympics Holy Trinity Church, Grand Rapids, MI January 27-28

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Ordination - Father Alex Radulsecu St. Nicholas Church, Ann Arbor, MI January 20

Theophany Liturgy Holy Cross Church, Farmington Hills, MI January 6 Christmas Eve Liturgy Assumption Church, St. Clair Shores, MI December 24



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Dear Friends of the Metropolis

Thank You!

You made a tremendous impact in our Metropolis of Detroit for the year 2017. Because of your love and support for the Friends of the Metropolis program, we have been able to fully fund the continued operation and ministries of our Metropolis. Please know that the Metropolis of Detroit has always had an open financial accounting of our income and expenses.

Every gift to our Metropolis has been spent in accordance with the needs, work, and ministry of our Office for the benefit of our Parishes, our Clergy, our Faithful, and all of our individual ministries

If you are getting ready to give a donation for the 2018 Friends of the Metropolis program, please remember how your donations are used:

- YOU made it possible for Metropolitan Nicholas to accept Archbishop Demetrios' request for him to be the Metropolitan Locum Tenens of Chicago;
- YOU have helped us to pay all the normative operational expenses of the Metropolis Office including: building maintenance and repair; heat; lights; postage; technology; and supplies;
- Through YOUR support, Metropolitan Nicholas was able to attend the meeting of the Eparchial Synod with the Ecumenical Patriarch in August;

- YOU have made it possible to cover the travel expenses incurred during our pastoral visitations to the Metropolis parishes;
- YOU helped make certain that we are able to contribute to student loan payments for our clergy and church workers who graduated from the Hellenic College/Holy Cross and serve in our Metropolis parishes;
- YOU have assured that there is a summer youth camp available to all of our young people;
- YOU helped support the annual regional youth lenten retreats;
- YOU have been the helping hands who gave through our office to those in need of shelter, clothing, food, and medical supplies;
- YOU helped us upgrade our technology systems so that live video conference calls can include clergy and faithful from Arkansas to New York;
- YOU have made it possible for us at the Metropolis to repair the water leaks in the basement of our Metropolis Office;
- YOU helped us donate money to rebuild the Ionian Village;
- YOU helped Metropolitan Nicholas assist people in emergency situations in need of financial support;

Thank you for your great stewardship! God be praised!

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