

Official Publication of the Greek Orthodox Metropolis of Detroit

The Shepherd's Staff

Issue 1 | Volume XII | Lent 2020



The children of Holy Trinity Greek Orthodox Cathedral in Carmel, Indiana
celebrating the Sunday of Orthodoxy on March 17, 2019.

Metropolitan's Message

Beloved Family in Christ,

A compass is an extremely useful tool for orienting oneself, but what if the compass itself becomes misaligned? A compass points to the north because its needle is drawn by the earth's magnetic field. If a compass is exposed to a different magnetic field for a while, it can lose its ability to correctly point us in the right direction.

I tell you this not because of any interest in orienteering or wilderness sports, but because I want to recommend to you a different perspective for this Lenten season. We often think of Lent as a time of deprivation. We focus exclusively on the fact that we are to abstain from certain foods for a time, and we aren't really sure exactly why we are to do so.

God made us in such a way that our hearts are drawn towards Him. We were created for communion with God, and it is towards that aim that our hearts - our internal compass needles - naturally point. However, we spend a lot of time around other "magnets." We may be drawn away from our natural orientation by work, hobbies, relationships, food,

exercise - almost anything! Not that any of these things are bad in and of themselves but they become so when they cause us to lose our proper direction, when they sit on the throne of our hearts in the place of God, when they become idols.

The good news is that compasses can be recalibrated by drawing a magnet along the length of the needle. Doing so realigns the compass and enables it to once again correctly point the way. This is exactly why we have Lent. It allows us to strip away the disorienting effects of the many magnets that can draw our hearts away from their proper direction. We do not avoid meat and dairy because meat and dairy are bad, or because we think that depriving ourselves of things that we desire is good solely for the sake of deprivation. We do so in order to strip away some of the things that distract us from our proper aim.

Beloved in the Lord, may this Lent be a time of joyful prayer and fasting for all of us. May it be a time of peace, forgiveness, and harmony. May it be a time of reorientation.



+METROPOLITAN NICHOLAS OF DETROIT



Metropolitan Nicholas and Detroit area clergy at the Clean Monday Great Compline service.
Saints Constantine and Helen Greek Orthodox Church, Monday, March 11, 2019

Lenten Services Schedule

NOTICE: Metropolitan Nicholas' schedule is subject to change. Please visit our website for updates: www.detroit.goarch.org/calendar.

March

- 1 Forgiveness Sunday - Cheesefare
- 2 Clean Monday
- 4 Presanctified Liturgy
- 6 Salutations to the Theotokos
- 7 Final Saturday of Souls
- 8 Sunday of Orthodoxy
- 11 Presanctified Liturgy
- 13 Salutations to the Theotokos
- 15 Sunday of Saint Gregory Palamas
- 18 Presanctified Liturgy
- 20 Salutations to the Theotokos
- 22 Sunday of the Holy Cross
- 25 Annunciation of the Theotokos
- 27 Salutations to the Theotokos
- 30 Sunday of Saint John Climacus

April

- 1 Presanctified Liturgy
- 3 Akathist Hymn
- 5 Sunday of Saint Mary of Egypt
- 8 Presanctified Liturgy
- 10 Presanctified Liturgy
- 11 Lazarus Saturday
- 12 Palm Sunday / First Bridegroom Service
- 13 Holy Monday - Second Bridegroom Service
- 14 Holy Tuesday - Third Bridegroom Service
- 15 Holy Wednesday - Holy Unction
- 16 Holy Thursday - Divine Liturgy / 12 Gospels Service
- 17 Holy Friday - Lamentations Service
- 18 Holy Saturday - Liturgy of Saint Basil / Paschal Liturgy
- 19 Great and Holy Pascha - Agape Vespers
- 20-25 Bright Week
- 26 Thomas Sunday

Youth News

BY EVA KONSTANTAKOS

2020 GOYA Lenten Regional Retreats

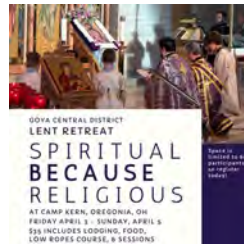
Every year, during Great Lent, we have regional GOYA Lenten Retreats to gather our youth during this sacred time of year. We are pleased to announce the three amazing retreats coming up. GOYAns throughout the Metropolis are invited to participate in one of these retreats. In addition to youth activities and discussions, we will also offer sessions for the adults (young adults/parents/chaperones). Visit their respective links for more information or to register online!

Michigan District
GOYA Lenten Retreat
St. George Church
Southgate, MI
Saturday, March 14, 2020
www.detroit.goarch.org/migoya



Upstate NY
Lenten "Beetreat"
St. Sophia Church
Syracuse, NY
Saturday, March 28, 2020
www.y2am.org/beetreats

Central District
GOYA Lenten Retreat
Holy Trinity/St. Nicholas Church
Cincinnati, OH
Saturday, April 3-5, 2020
<http://bit.ly/lenretreatcincy>



2020 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

CENTRAL DISTRICT (IN, KY, OH)
Saturday, April 25, 2020
Assumption Church/Lexington, KY

MICHIGAN DISTRICT
(MI and Toledo, OH)
Saturday, April 25, 2020
Assumption Church/Grand Blanc, MI

NY DISTRICT (Upstate NY)
Sunday, April 26, 2020
Annunciation Church/Buffalo, NY

SOUTHERN DISTRICT (AR and TN)
Saturday, April 6, 2019
Holy Trinity Church/Nashville, TN

METROPOLIS FINALS
Saturday, May 16, 2020
Holy Trinity Church/Grand Rapids, MI
www.detroit.goarch.org/MetropolisSJCOF

SAVE THE DATE



OCTOBER 16-18, 2020
ST. NICHOLAS CHURCH - TROY, MI
WWW.DETROIT.GOARCH.ORG/DETROITDF

2020 SUMMER CAMP SEASON



It's time to start thinking about SUMMER CAMP! We have THREE summer camps in our Metropolis. Registration is either underway or will be happening soon for our camps. Financial aid is available, thanks to Leadership 100. Please inquire about financial assistance through your parish priest.

Visit the official camp websites for more information:

MDSC - www.gomdsc.org ST. NICHOLAS CAMP - www.stnicholascamp.org ST. TIMOTHY CAMP - www.sttimothycamp.org

Philoptochos News

BY THEONE DICKOS

Philoptochos Ladies have received many blessings in their lives, but the ability to assist those who are less fortunate is the greatest blessing of all. May God continue to bless the hearts and hands of each Philoptochos member in our Metropolis.



2020 began with the cutting of the Vasilopita, the first of the nineteen National Commitments. All proceeds benefit St. Basil Academy. Luncheons, auctions, trays passed after Divine Liturgy and a variety of other activities were held. Many chapters reported proceeds exceeded amounts from previous years. St. Basil Academy brings the light of Christ to many young lives.

Many charities benefitted over the Christmas holiday and winter months. Our chapters have embraced the National Philoptochos initiative, The Feeding the Hungry Program. The Nativity of the Virgin Mary Chapter of Plymouth, Michigan sponsored a program at Saints Peter and Paul Church in Detroit, and cooked a meal for over 175 people. The Assumption Philoptochos of St. Clair Shores, Michigan did outstanding work at the Capuchin Kitchen. In the month of February, they served 180 meals as the chapter continues to fulfill our mission to feed the hungry campaign. During the cold winter months, the chapter of St. George, Southgate, Michigan accepted donations of hats, scarves, gloves and socks for the needy in their local area. The chapter also made visitations to parishioners in hospitals, assisted living centers and nursing homes.

The Metropolis Philoptochos Board is planning a "No Show" fundraiser to provide support to our very important Metropolis charities. His Eminence Archbishop Elpidophoros announced that May 17, the Sunday of the Samaritan Woman, as Philoptochos Sunday. Through Social Media and the Detroit Metropolis website,

the Metropolis Philoptochos Board invites you to celebrate women who have inspired us in our mission and in life. We will be honoring and memorializing these women who are near and dear to us. The names will be listed on the Philoptochos Face book page and on the Philoptochos page of the Metropolis website. Through chapter and individual donations, it is the hope of the board to fulfill the commitment in helping those in need.

The Metropolis Philoptochos Board along with the Stefanou Family will once again offer the Florence G. Stefanou Memorial Scholarship. Last year there were nine exceptional applicants. It is our hope that many more young people will take advantage of this opportunity. Scholarship applications are due on April 30, 2020, and can be found on the Philoptochos page of the Metropolis website. You may also contact your chapter president for applications.

The Biennial Clergy-Laity and Philoptochos Convention will be June 28-July 2, 2020 in Cleveland, Ohio at the Hilton Cleveland Downtown and Huntington Convention Center. We hope for and encourage 100% chapter participation.

CONTRIBUTIONS

Metropolis Donations

- ❖ Fisher House - \$500
- ❖ Redford Union School District - \$500
- ❖ Hellenic College Holy Cross - \$250
- ❖ Donations for Benevolence - \$3,000
- ❖ Mend on the Move - \$500



Chapter Donations

St Basil Academy is the recipient of the following Vasilopita Celebrations

- ❖ St. Nicholas – Ann Arbor, MI - \$2,500
- ❖ Holy Trinity-St. Nicholas – Cin.OH - \$2,500
- ❖ Holy Trinity Cathedral- Carmel, IN - \$3,100
- ❖ Holy Trinity- Nashville, TN - \$1,250
- ❖ St. Nicholas- Troy, MI - \$6,000

CHURCH MUSIC DURING LENT

By Dr. Vicki Pappas

Mid-Eastern Federation of Greek Orthodox Church Musicians (MEFGOX)

As the Orthodox Church leads us through the Lenten and Holy Week period in preparation for Holy Pascha, clergy, chanters, and choirs are responsible for preparing the many special hymns and prayers designated for this ecclesiastical period. They face a myriad of tasks related to this musical challenge: selecting arrangements of the designated hymns, preparing copies and organizing notebooks, calling and conducting extra rehearsals, studying the order of services and the hymns' meanings so they can be interpreted correctly, and making sure there is coordination among clergy, choirs, and chanters. All this occurs behind the scenes so that the services are seamless, beautiful, and enhance the worship of the parishioners.



Two basic changes occur for all the Sunday Divine Liturgies during Lent. First, we switch to the Liturgy of St. Basil on Sundays, a slower, more solemn presentation of the service. This calls for changes in the text of the prayers for the priest as well as musical changes for the chanters and choirs. Second, two major hymns are designated as substitutions to the typical liturgical order. The hymn, *O Champion Leader/Ti Ipermacho* is sung as the Kontakion for the first five Sundays as well as during the five Friday Salutation services. This triumphal hymn commemorates the praise to the Theotokos given by the City of Constantinople for being saved from barbaric invasions. Another substitution for the Lenten Sundays is the Meghalinarion to the Theotokos - instead of *It is Truly Right/Axion Estin*, parishioners will hear the choirs and chanters singing *In You Creation Rejoices/Epi Si Heri*.

Several Lenten Feast Days also occur on Sundays, requiring their own designated hymns (Apolytikia and Kontakia) and often, processions. On the first Sunday of Lent (March 8th this year), we observe Sunday of Orthodoxy, celebrating the restoration of the icons and a reaffirmation of our faith. Clergy and church musicians often join the faithful of other Orthodox jurisdictions either at Liturgy or at Pan-Orthodox Vesper services in the evening. Halfway through Lent, on March 22nd this year, we celebrate the Feast of the Holy Cross, which includes not only a procession, but the special hymns, *Lord, Save Your People/Soson Kyrie* and *By Your Cross/Ton Stavron Sou*. Palm Sunday includes a plethora of hymn substitutions, and Holy Week calls for special hymns and prayers over 22 different services!

In addition to the Sunday Liturgies, church musicians will be participating in other services that occur during Lent. Every Wednesday, there is a Presanctified Liturgy and as mentioned earlier, there are the five Friday Salutations to the Theotokos. At these services, opportunities exist, and should be maximized, for youth and adult choirs to join the chanters and clergy in the singing of the hymns and responses and/or the final prayers. On the Saturday before Palm Sunday and Holy Week, young children and youth often join the participation for the Saturday of Lazarus Liturgy, where the special Communion hymn, appropriately, is "Out of the mouths of babes comes perfect praise."

This is the time of year when the work of the Mid-Eastern Federation of Church Musicians (MEFGOX) becomes especially relevant to church musicians and parishes. We offer assistance and musical and informational resources for choirs, chanters, and youth choirs during this period. Often, we offer workshops where content may be concerned with the theology of a Lenten service or hymn and/or when various musical versions of the special hymns are presented and practiced. One such workshop occurred for church musicians in the Detroit area on February 29th, where attention was given to effective a cappella singing.

We hope this brief explanation of changes to expect in our upcoming services for Great Lent is helpful to understanding the work of church musicians and most important, that your worship experience is enhanced. We wish you a blessed and meaningful journey through Great Lent!

Fasting During Great Lent

BY EVA KONSTANTAKOS

We have officially started our journey toward Pascha with Great and Holy Lent. During this important season, we focus on the spiritual disciplines of the Orthodox Christian faith – one being fasting. Especially during the longer fasting periods, like Great Lent, it is hard for Orthodox Christians to keep fasting in the right perspective - to focus on why we fast rather than what we “can’t” have.

What happens if we diligently follow the fast, but we say or do negative things? During Lent, we have an opportunity to refocus on our words AND our actions to help us truly transform our lives. Let us consider how we can heed the words of Saint Basil who reminds us that fasting is not abstaining from food only; it is first of all, abstaining from sin.



1) Fasting from Food

Athletes prepare for an event through exercise AND diet. There are certain foods that can help or hurt their preparation. Athletes do not look at this preparation as a punishment. Rather, they understand that this discipline will give them the proper fuel and strength to conquer the challenges that lie ahead of them as they reach for their goal.

We must not forget that we are athletes for Christ, training and striving for an imperishable crown (1 Corinthians 9:25). Fasting is a way that Orthodox Christians physically prepare for the Eucharist and the Lord’s Resurrection. The Orthodox Christian tradition has given us certain guidelines for fasting so that we know how to best prepare our bodies AND our minds to receive Christ. If we practice by abstaining from certain foods, we can build our strength to abstain from difficult temptations in life.

2) Fasting from Words

Jesus reminds us, in Matthew 15:11, that “what goes into someone’s mouth does not defile them, but what comes out of their mouth, that is what defiles them.” The things we say can impact our spiritual health, as well as the spiritual health of others because we are “consuming” hate, jealousy, and malice into our hearts. During Great Lent, make a conscious effort to fast from gossip, criticizing others, arguing, etc. Instead of wasting time on negativity, use words of kindness, compassion, love, and understanding to make a positive, Christ-like impact.

3) Fasting from Actions

Finally, we can make a decision to abstain from certain things we do. Do we spend way too much time binging on our favorite television shows, podcasts, or scrolling through our social media? While not all actions are bad or sinful, we must consider whether or not those actions bring us closer to Christ. Are all of my actions fulfilling God’s Greatest Commandment – to love God and to love our neighbor as ourselves (Matthew 22:37-39)? During Great Lent, we can abstain from actions that do not bring us closer to God. When we free up our time from unhelpful actions or habits, we will have more time to help others, to pray, to read Scripture, to worship, and to spend time with our family and friends that love us.

May we embrace the spiritual discipline of fasting with a sense of humility and thanksgiving, using it to strengthen our hearts and minds in preparation for the glorious Resurrection of our Lord and Savior, Jesus Christ.

Eva Konstantakos is the Director of Youth and Young Adult Ministries for the Greek Orthodox Metropolis of Detroit, serving since September 2003. Eva received a Masters of Theological Studies from Holy Cross School of Theology in Brookline, MA.

Donate to

Friends of the Metropolis



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Friends of the Metropolis 2019

List of Donors January 1 – December 31

+His Eminence

Metropolitan Nicholas

Ann Arbor, MI - St. Nicholas

St. Nicholas Parish
St. Nicholas Philoptochos
Kotsis, Fr. Nicolaos and
Presbyteria Sandra
Radulescu, Fr. Alex and
Presbyteria Silvana
Pliakas, Fr. Vasilios and
Presbyteria Kyriakoula
Baldwin, James and Suzanne
Daniels, Tony and Cleve
Kales, Anthony and Joyce
Lambropoulos, Vassilios and
Artemis Leontis
Phan, Sem and Katherine
Yates, Margaret

Binghamton, NY – Holy Trinity

Bahlatzis, Fr. Michael and
Presbyteria Kimberly

Bloomfield Hills, MI – St. George

Christy, Thomas and Irene
Romley, Nicholas
Savas, Zachary and Susan
Tsouris, Mary

Buffalo, NY – Annunciation

Annunciation Parish
Annunciation Philoptochos
Christakis, Fr. Christos and
Presbyteria Lisa
Rossiter, Deacon Benjamin and
Diakonissa Ann
Anas, Alexandros
Cervi, Brian and Vassilia
Danakas, George

Hiczewski, Peter and Michele
Markey, Patrick and Joanne
Melithoniotes, John
Pappas, Angeline
Pappas, Victoria
Watson, David and Niki

Carmel, IN - Holy Trinity Cathedral

Holy Trinity Parish
Holy Trinity Philoptochos
Holy Trinity GOYA
Holy Trinity Choir
Hohnholt, Fr. Gregory and
Presbyteria Sofia
Christensen, Fr. Lucas and
Presbyteria Stacey
Andros, Cheryl
Antonopoulos, Dean
Baker, Sylvia
Brochhagen, Curt and Renee
Calliotte, Angela
Chekouras, Randolph H. and Peggy F.
Christoff, Bill and Karen
Churchill, Bill and Patti
Dallas, Christopher and Teresa
Dervenis, Nicholas and Sharon
Dervenis, Ted and Julia
Dickos, C. Greg
Dickos, Dennis K.
Dickos, Theone
Dunbar, Pete and Lea
Eaton, Joseph and Florie
Eleftheri, Anthony and Jill
Fort, Stuart and Donna
Gibson, Karen
Gounaris, Maria
Gounaris, George and Sarina
Halfpop, Tyler and Jennifer
Hostetler, Duane and Eleny
Howland, Greg and Nan
Johnson, Ronald and Sunday
Kantzavelos, Antoni and Anna

Kollias, Stephen and Gail
Kokinos, Pete and Argie
Mudis, Wendy
Nicholos, Sam and Dawn
Oberlies, Toula
Pappaioanou, George and Marjorie
Pappas, Leon and Andrea
Pappas, Nicholas and Tracy
Pasyanos, John and Liberty
Pavlakos, Elias and Maria
Payne, Martha
Pease, John and Maria
Reckas, Sherry
Rowlas, Julie
Sofianopoulos, Nick and Vickie
Spirrison, Andrew and Michelle
Vitsas, Connie and Sondra
Vitsas, James
Vitsas, Jon
Vitsas, Vanessa
Waterbury, Anthony and Kristen
Woodruff, Jim and Cindy
Young, Michael and Helen
Zeheralis, Gail

Chattanooga, TN – Annunciation

Annunciation Parish
Annunciation Philoptochos
Ballas, Fr. Stavros and
Presbyteria Thea
Andrews, George
Bougdanos, Maria
Bundros, Tom and Lara
Dimopoulos, Dennis and Barbara
Etherton, Wayne and Yolanda
Fotiadas, Nicky
Hopper, Richard and Chrisi
Kouris, George
Monk, Grace
Mousourakis, John and Donna
Nelson, Ethan and Katherine
Overbay, Danny

Pagnani, Irene
Simpson, Joseph and Jillian
Tolbert, John and Janice
Tutor, Ryan and Christina
Zotos, Alexander and Jennifer

Cincinnati, OH - Holy Trinity-St. Nicholas

Holy Trinity-St. Nicholas Parish
Tzetzis, Deacon Nicolaos and
Diakonissa Ivey
Assaley, Lewis and Patricia
Brown, Bill
Moulas, Dean and Catherine
Perdikakis, Gus and JoAnn
Raptis, James and Maria
Retzios, Thomas and Angela

Dayton, OH - Annunciation

Annunciation Parish
Annunciation Philoptochos
Gingrich, Fr. Joseph
Abboud, Fayez and Maria
Barron, John and Cynthia
Bouris, Harry and Linda
Nakis, George
McClish, Jonathan
Nicholas, Joanne Renee
Pulos, Chris and Debra
Russell, Nelson and Theona
Shamma, Nicholas and Nadine
Valassiades, John and Evanthis
Zalants, Anthony and Irene

Detroit, MI - Annunciation Cathedral

Annunciation Philoptochos
Bennert, Constance
Inempolidis, Evelyn
Kazolis, Koula
Lianos, Ethel
Lianos, Will and Kim
Panson, Anthony and Julia
Pervanis, Koula
Politis, Dean L.
Tapazoglou, Nicolaos and Christine

Elmira, NY - St. Athanasios

Scott, Fr. Richard

Farmington Hills, MI - Holy Cross

Holy Cross Parish
Holy Cross Philoptochos
Holy Cross GOYA
Hountalas, Fr. Dean and
Presbytera Olga
Artemas, Fr. John and
Presbytera Nikie
Bittinger, Andrew and Denise
Casoglos, Thomas and Mary
Fekaris, Steve and Bettie
George, John and Debbie
Katsias, George and Irene
In Memory of Georgia Morris
Liadis, John and Kathy
Moundros, Andy and Denise
Power, Edward and Maria
Shukla, Margarita
The Heller Family

Fort Wayne, IN - Holy Trinity

Holy Trinity Philoptochos
Sicoe, Fr. Cosmin and
Presbytera Mihaela
Baker, John and Konstantina
Maggos, Eleftherios and Paraskevi
Mangas, Jacqueline
Rongos, Christopher and Katherine
Ryman, Benjamin and Kelly
Swift, Thomas

Grand Blanc, MI – Assumption

Assumption Parish
Assumption Religious Education
Russell, Fr. Jarrod
Chinonis, Dennis and Debra
Chinonis, Linda
Chinonis, Nancy
Hountalas, Dimitri and Brittany
Hountalas, Ioannis
Hountalas, Yanni
Kalatzis, Athena
Kallis, Susan
Kaloydis, John and Karen
Kallis, Agape C.
Mandelaris, John and Pauline
Mersinas, Laura
Potsos, Emmanouil
Schultze, JoAnne
Stamatis, Thomas and Sandra
Yeotis, Catherine

Grand Rapids, MI - Holy Trinity

Cassis, Deacon George and
Diakonissa Vicki
Afendoulis, Angelynn
Afendoulis, Chris and Phyllis
Dimitriou, Angelo and Patsy
Fotieo, Themis
Georgeson, Menas and Frosene
In Memory of James Nicholas
Lemmink, Constance
Liberski, Theodore and Marcia
Monoyios, Terry and Akriki
Panopoulos, Chris and Joan
Petricevic, Mark and Ljiljana
Sinan, Tom and Shelly
Skentzos, Arianna

Ithaca, NY - St. Catherine

St. Catherine Parish
Bantuvanias, Ann

Jamestown, NY – St. Nicholas

Cheronis, James and Christine
Christ, Terry and Joanne
Singleton, Todd and Alexis
Theofilactidis, George and Kathy

Kalamazoo, MI – Annunciation

Annunciation Parish
Annunciation Philoptochos
Theoharis, Fr. Theoharis
Cavas, Anastasia
Doe, Joseph and Alice
Ingalls, Robert and Andriana
Quinn, Patrick and Sophia

Lansing, MI – Holy Trinity

Holy Trinity Parish
Holy Trinity Philoptochos
Sietsema, Fr. Mark and
Presbytera Kathy
Brown, B. Alex and Mary
Frangos, Phillip and Tula
Heos, Pamela and Jeffrey Brancheau
Karagoulis, Michael and Lynne
Munk, Jerry and Jan

Lexington, KY - Panagia Pantovasilissa

Radulescu, Vlad and Aurelia
Sawaya, Peter and Kallie

Little Rock, AR – Annunciation

Pappas, James and Eva
Vratsinas, Gus

Louisville, KY – Assumption

Wingenbach, Fr. Gregory
Blackford, Charles and Patricia

Marquette, MI – Assumption

Wainio, Paul E. and Katherine

Memphis, TN - Annunciation

Annunciation Parish
Annunciation Philoptochos
Thomas, Fr. Simon and
Presbytera Stephanie
Bagatelas, Todd
Hawkins, Charles and Elizabeth
Kallas, William
Kavelaras, Diane
Kay, John and Nancy
Poplos, Ted and Stephanie
Semos, Vasili

Muskegon, MI – Annunciation

Annunciation Parish
Sakellariou, Fr. John and
Presbytera Pavlina
Ladas, Paul and Patricia

Nashville, TN - Holy Trinity

Holy Trinity Parish
Holy Trinity Philoptochos
Vaporis, Fr. George and
Presbytera Kalliopi
Anderson, George and Lee Ann
Botsaris, Chris
Davis, Mark and Stephanie
Gaddis, Jim and Tasoula
Gore, James and Stacy
Harman, Todd and Dawn
Lamberson, Lambert and Helen
Miller, John M.
McNeil, Larry W.
Turner, Kalistos Cal

Nashville, TN – St. John Chrysostom

Turner, Fr. Parthenios and
Presbytera Marion
Barton, Joshua
Demmas, Constance
Mayer, Natalia
Pappas, Lisa

Pappas, Tom
Pittman, Michael
Wagner, Edith
White, Mark

Plymouth, MI - Nativity of the Virgin Mary
Nativity of the Virgin Mary Parish
Nativity of the Virgin Mary Parish Council
James, Thomas and Jodi Lambert
Miklos, Joseph and Diana
Randall, Michael and Anne
Smith, Chris
Stassinis, Larry and Helen
Zervos, George and Lisa

Rochester, NY – Annunciation
Gines, Maria

Rochester, NY - Holy Spirit
Holy Spirit Parish
Holy Spirit Philoptochos
Berends, Fr. James and
Presbyteria Anne
Chilas, Diane
Gagion, Petra
Gesell, Melody
Mickles, James and Jane
Palis, James and Elizabeth

Saginaw, MI - St. Demetrios
St. Demetrios Parish
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Presbyteria Catherine
Bistolarides, Fr. Peter and
Presbyteria Peggy
Ahejew Sr., Petro and Sandra
Economou, Lou and Soula
Houpis, Evan and Candance
Metropoulos, Katherine E.
Nichols, Elan
Paron, Nicholas and Julie
Rouman, George and Frances
Stamas, Jim and Marsha
Ulmer, George and Virginia
Zacharko, Kathleen
Zubulake, George R.

Sault Ste Marie, MI – St. George
Cristof, Nelu

Smiths Creek, MI – Holy Trinity Monastery
Abbot Joseph and Monastic Community

Southgate, MI - St. George
St. George Parish
St. George Philoptochos
Cook, Fr. Anthony and
Presbyteria Elizabeth
Karamanos, Fr. Philemon and
Presbyteria Helen
Colovos, Bill
Constantakis, Clarence and Lillian
Danckaert, Seraphim and Anne
Galanis, Sam J.
In Memory of Spyridon and Vasiliki Nanos
Kontos, Chris and Frances
Kontos, John and Marika
Minton, Barbara

Minton, Nicholas
Moody, Rick and Kim
Tougas, Christian and Lauren
Vougiouklakis, Peter and Christina

Springfield, OH – Assumption
Assumption Parish
Rusu, Fr. Dumitru and
Presbyteria Luiza
Lagos, James H. and Nike D.

St. Clair Shores, MI - Assumption
Assumption Parish
Assumption Philoptochos
Varlamos, Fr. Michael and
Presbyteria Tina
Abell, Fr. Christopher and
Presbyteria Alice
Brennan, Stephanie
Harlaftis, Panagiotis
Lionas, Nicholas and Amanda
Niarhos, Anthony
Niforos, Theodore and Anna
Stoukas, Harriet
Voudoukis, Ignatios

Sterling Heights, MI - St. John
St. John Parish
St. John Philoptochos
St. John GOYA
St. John Choir
Kyritses, Fr. Nicholas
Cherpes-See, Georgia
George, Bessie
In Memory of Harry Kotsis
Kotsis, Andrew and Irene
Kotsis, Damian and Anastasia
Kotsis, Katherine
Raphtis, E. Mike and Betty
Tangalos, James
Tangalos, John and Mary
Tangalos, Philip and Labrene
Vekos, Gloria

Syracuse, NY – St. Sophia
Smith, Fr. David and
Presbyteria Donna
Ficchi, Diana M.
Ganotis, John
Macris, James
Manolakas, Peter

Toledo, OH – Holy Trinity Cathedral
Holy Trinity Philoptochos
Legakis, Fr. Larry and
Presbyteria Jennifer
Anagnos, Joyce
Biernacki, Gerald and Pauline
Photos, Thomas

Traverse City, MI - Archangel Gabriel
Archangel Gabriel Philoptochos
Kain, Karen
Poumade, Johnnie and Nicola
Sobkowski, Nikoletta
Underwood, Robert and Theresa Stamos

Troy, MI - St. Nicholas

St. Nicholas Parish
St. Nicholas Philoptochos
Dalamangas, Fr. Chris and
Presbyteria Niki
Arsman, Steve and Anita
Carson, Chryisia
Carson, James and Paula
Crosson, Alexandra
Hazen, Brian and Tina
In Memory of Thomas D. and Beck Demery
Karmanos, Peter and Danialle
Korstanje, Ingmar and Marlo
Mickey, Cynthia
Robert, Kevin and Christine
Veremis, Ted and Georgia
Xydas, Spiros
The T.K. Zampetis Family Foundation
Zotos, Gregory

Vestal, NY – Annunciation
Annunciation Parish
Annunciation Philoptochos
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Presbyteria Kimberly
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Metropolis of Detroit

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Dear Friends of the Metropolis,

You made a tremendous impact in our Metropolis of Detroit for the year 2019. Because of your love and support for the Friends of the Metropolis program, we have been able to fully fund the continued operation and ministries of our Metropolis. Please know that the Metropolis of Detroit has always had an open financial accounting of our income and expenses.

Every gift to our Metropolis has been spent in accordance with the needs, work, and ministry of our Office for the benefit of our Parishes, our Clergy, our Faithful, and all of our individual ministries

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- ❖ YOU have assured that there is a summer youth camp available to all of our young people;
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