

2024 Michigan Area GOYA Lenten Retreat

Participant Guidelines and Information Sheet

Please read this information carefully with your GOYAn(s) regarding their participation in this Retreat. If there are any questions about these guidelines, please feel free to email youth@detroit.goarch.org.

CONDUCT

All GOYAns are expected to behave in a way that is befitting an Orthodox Christian. We encourage fun, fellowship, and for everyone to learn and grow in Christ. GOYAns are, at no time, allowed to have drugs, alcohol, tobacco, vape pens, or weapons with them at any time during the Retreat. Possession of these items will be grounds for removal from the Retreat.

CHECK IN/CHECK OUT

CHECK-IN: Parents... if you are not attending as a chaperone, please do not simply “drop off” your GOYAn. Please come in and check in your GOYAn. If you did NOT register your child online, they will not be able to stay at the retreat unless we get the required emergency contact info.

CHECK-OUT: If you need to pick up your GOYAn before the conclusion of the retreat or if someone other than a parent/guardian will bring your GOYAn(s) home, please do one of the following:

- 1) include that in the registration **OR**
- 2) email youth@detroit.goarch.org before the retreat **OR**
- 3) let the Retreat Leaders know at check-in exactly who will be picking them up.

DRESS CODE

All participants are free to wear casual clothing (t-shirt, jeans, athletic shoes). However, participants should remember that the Metropolitan and/or Clergy will be present. In addition, we will be spending time in the sanctuary of the Church. Therefore, please do not wear clothing with inappropriate or offensive messages (alcohol/tobacco advertisements, offensive jokes/photos, etc.) or clothing that is too revealing. This includes, but is not limited to: “saggy” jeans, shirts with large cut-outs, bare midriffs, short shorts/skirts, “yoga” pants, etc.

MEALS

The host parish has made every effort to provide meals to accommodate the dietary needs of all participants. Should you have any questions regarding the menu, please contact the host parish.

TRANSPORTATION TO/FROM RETREAT

It is not recommended that GOYAns, regardless of their age, drive themselves to/from a Retreat. GOYAns will not be allowed to leave the Retreat at any time, unless 1) The Retreat Leaders are notified at least 24 hours in advance of alternate arrangements or 2) There is an emergency where the parent/guardian must pick up their GOYAn(s).

RETREAT LOCATION AND CONTACT INFORMATION

St. Nicholas Church - 760 W. Wattles Rd. - Troy, MI 48098 - (248) 362-9575

“THE LORD YOUR GOD IS WITH YOU WHEREVER YOU GO”

2024 Michigan Area GOYA Lenten Retreat Schedule

10:30 - Registration

11:00 - Opening Remarks from Fr. Niko Tzetzis

11:10 - Icebreakers with Groups

11:30 - Session Block 1

12:05 - Session Block 2

12:35 - Lunch

1:30 - Service Project

2:30 - Session Block 3

3:05 - Vespers

3:45 - Closing Remarks from His Eminence Metropolitan Nicholas



Session Locations by Group

Each group will go through three of the four topics

	Red Group	Blue Group	Green Group	Adult Group
Session 1	Atrium with Fr. Niko	Small Banquet Hall with Fr. Paul	Karmanos Center with Fr. Teodor	Sunday School Classroom Fr. Nick
Session 2	Karmanos Center with Fr. Nick	Atrium with Fr. Niko	Small Banquet Hall with Fr. Paul	Sunday School Classroom Fr. Teodor
Session 3	Small Banquet Hall with Fr. Teodor	Karmanos Center with Fr. Nick	Atrium with Fr. Niko	Sunday School Classroom with Fr. Paul

Topic 1: The Lord is with me when I am Alone, led by Fr. Paul

Topic 2: The Lord is with me when I am Joyful, led by Fr. Niko

Topic 3: The Lord is with me when Challenges Arise, led by Fr. Nick

Topic 4: The Lord is with me when I Serve Others, led by Fr. Teodor